



NOWS-NM

Supporting Rural Resilience
in Caring for Newborns with
Prenatal Opioid Exposure

July 17, 2026

HYATT REGENCY TAMAYA RESORT & SPA
Santa Ana Pueblo, NM



SCHOOL OF
MEDICINE
PEDIATRICS

CONFERENCE DESCRIPTION

This one-day educational symposium will be centered on the current challenges faced by clinicians, providers, and care systems in supporting families with infants and young children affected by complex trauma and substance use disorder, and the optimal model of care, which is trauma-informed and multidisciplinary. The content will focus on perinatal health, developmental care for infants with opioid exposure, and best practices for dyad care in rural New Mexico.

CONFERENCE OBJECTIVES

At the conclusion of this conference:

1. Participants will review and use clinical cases to guide care for pregnant individuals with substance use disorder and neonates with prenatal substance exposure.
2. Participants will be able to provide care for families with young children with complex trauma and substance use disorder and using a trauma-informed, culturally competent, multi-disciplinary approach.
3. Participants will adopt best practices for management of neonates with opiate withdrawal syndrome.

THE UNIVERSITY OF NEW MEXICO SCHOOL OF MEDICINE & GUEST FACULTY

SPEAKERS

Prajakta Adsul, MBBS, MPH, PhD

Associate Professor, UNM School of Medicine, Department of Internal Medicine, Division of Epidemiology

Mary Baldwin, PsyD

Licensed Psychologist and Owner, Roots of Resilience Child and Family Center Albuquerque, NM

Tyler Christensen, DO

Resident, UNM School of Medicine, Department of Pediatrics

Francheska "Sevy" Gurule, MD

Associate Professor, UNM School of Medicine, Department of Family & Community Medicine

Leslie Hayes, MD

Physician, El Centro Family Health Santa Fe, NM

Emily Lilo

Presbyterian Healthcare Services Albuquerque, NM

Jessie Maxwell, MD, MBA

Associate Professor, UNM School of Medicine, Department of Pediatrics, Division of Neonatology

Tracy McDaniel, MPH

Policy Director, Southwest Women's Law Center Albuquerque, NM

Meghna Rajaprakash, MD, MSc

Assistant Professor of Neurology, Kennedy Krieger Institute Baltimore, MD

Mishka Terplan, MD, MPH, FACOG, DFASAM

Medical Director/Senior Research Scientist, Friends Research Institute Baltimore, MD

Liam Westgate

Presbyterian Healthcare Services Albuquerque, NM

PLANNING COMMITTEE

CHAIR

Heather Pratt-Chavez, MD

Professor, UNM School of Medicine, Department of Pediatrics

COMMITTEE

Glenda Canaca, MD

Research Assistant Professor, Pediatrics Prevention and Population Sciences

Zoe Davies Henderson, BS, MPH

MD Candidate 2028, UNM School of Medicine

Bianca Fileto

Administrative Assistant 3, UNM School of Medicine, Department of Pediatrics, Division of Adolescent Medicine

Haley Jack, RN

Nurse Educator, UNM School of Medicine, Department of Pediatrics, Division of Adolescent Medicine

Alberta Kong, MD, MPH

Professor, UNM School of Medicine, Department of Pediatrics, Division of Adolescent Medicine

Kathryn R. Romero, MSN, CCRN

Nurse Educator, UNM School of Medicine, Department of Pediatrics, Division of Neonatology

Belinda Vicuna, PhD*

Research Assistant Professor, Pediatrics Prevention and Population Sciences

CME REVIEWERS

FROM THE UNM SCHOOL OF MEDICINE,
OFFICE FOR CONTINUOUS PROFESSIONAL
LEARNING

Jennifer Harbaugh

**Speaker*

NOWS-NM

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7:30 - 8:30 am	Registration / Networking / Entertainment / Continental Breakfast (provided)
8:30 - 9 am	Welcome, Land Acknowledgment and Blessing <i>Emcee: Haley Jack, RN</i>
9 - 10 am	Keynote Presentation: Medical and Ethical Considerations for Families Impacted by Prenatal Substance Use <i>Mishka Terplan, MD, MPH, FACOG, DFASAM</i>
10 - 10:15 am	BREAK
10:15 - 11:30 am	Updates on Federal and State Mandates <i>New Mexico Children, Youth & Families Department</i>
11:30 am - 1 pm	Lunch (provided) / Posters / Slideshow / Networking / Entertainment
1 - 2 pm	Breakout Session #1
	A. Intersection of Substance Use Disorder and Interpersonal Violence <i>Tracy McDaniel, MPH</i>
	B. Neurological Implications of Prenatal Substance Use Exposure and the HINE Exam <i>Jessie Maxwell, MD, MBA and Tyler Christensen, DO</i>
	C. Implementation Science in Rural Hospitals <i>Prajakta Adsul, MBBS, MPH, PhD</i>
2 - 2:15 pm	BREAK
2:15 - 3:15 pm	Breakout Session #2
	D. Developmental Long-Term Follow-up for Children with Prenatal Substance Exposure <i>Meghna Rajaprakash, MD, MSc</i>
	E. Presbyterian Perinatal Health Equity Initiatives <i>Emily Lilo and Liam Westgate</i>
	F. Best Practices for Pregnancy Management with SUD <i>Francheska "Sevy" Gurule, MD</i>
3:15 - 3:30 pm	BREAK
3:30 - 4:30 pm	Breakout Session #3
	G. Best Practices for Dyad Care in Rural New Mexico <i>Leslie Hayes, MD</i>
	H. Hidden Costs of Infant Transfer from Rural Communities <i>Belinda Vicuna, PhD</i>
	I. Culturally Attuned Care for Families with Complex Trauma <i>Mary Baldwin, PsyD</i>
4:30 - 5:30 pm	Networking Reception / Entertainment

CONFERENCE REGISTRATION RATES

Advance registration is encouraged. Minimum and maximum registration numbers have been established for this activity, register early to avoid disappointment. Your registration will be confirmed via email. If you do not receive a confirmation email, please contact CPL at HSC-CPL@salud.unm.edu to verify your attendance. Please confirm your registration before making travel arrangements. Registration includes conference materials, breakfasts, lunches and breaks.

	Early Bird Now through 6/25/2026	Regular 6/26/2026 - 7/12/2026	Onsite 7/13/2026 - 7/17/2026
MD, DO, PharmD, PhD, PhC, PsyD <i>paying with UNM Tuition Remission</i>	\$50.00 <i>\$40.00</i>	\$90.00 <i>\$80.00</i>	\$115.00 <i>\$105.00</i>
RN, LPN, NP, PA, Other <i>paying with UNM Tuition Remission</i>	\$35.00 <i>\$25.00</i>	\$75.00 <i>\$65.00</i>	\$100.00 <i>\$90.00</i>
Residents*/Fellows/Students**	\$25.00	\$25.00	\$25.00

**Must provide proof of resident status **Must provide proof of student status*

CANCELLATION

If you pre-register and cannot attend, CPL will refund tuition, less a \$40.00 administrative fee, provided the cancellation notice is received in writing **via email on or before July 3, 2026**. No refunds will be issued after this date or for non-attendance. Activities are subject to cancellation. In the event this activity is canceled, registrants will be notified via email and will receive a full refund. CPL is not responsible for any computer/device equipment rental, airfare, hotel, car rental or other costs incurred by participants.

HOW TO REGISTER

CREDIT CARDS, CHECK, OR UNM PR: <https://bit.ly/NOWS2026Registrations>

Checks should be made payable to UNM CPL, include the attendee's name and mailed to: The University of New Mexico, Office for Continuous Professional Learning, MSC09 5370, 1 University of New Mexico, Albuquerque, New Mexico 87131-0001. It is UNM policy to charge offerer \$35.00 plus normal merchant bank fees for each returned check. **Please note:** For security and processing efficiency, CPL does not handle credit card payments submitted via paper forms and is unable to process purchase orders. Please use our secure online registration platform.

UNM TUITION REMISSION

All eligible UNM faculty and staff may enroll using a UNM Tuition Remission (waiver) to cover tuition costs listed on the registration form. Proper completion includes all required signatures. No refund or credit will be issued for non-attendance.

1. Complete the conference registration form and select that you will be paying with UNM Tuition Remission.
2. If you need your supervisor's approval to use your tuition remission you will need to upload a completed [UNM Tuition Remission](#) form with proper signatures to the online registration form.

LODGING

This conference will be held at the Hyatt Regency Tamaya Resort & Spa, 1300 Tuyuna Trail, Santa Ana Pueblo, NM 87004. A block of rooms has been reserved for participants of the conference for the nights of July 16 and July 17, 2026. Please identify yourself as a participant of the NOW-NM Symposium, and you will receive the group rate which is \$313.00 (plus taxes). Hotel reservations must be received by the hotel on or before June 19, 2026. Please confirm your conference registration before making travel arrangements. To make hotel reservations please call 800-233-1234 with the group code G-UN26 or make your reservation here: [HOTEL RESERVATION](#)

ACCREDITATION

PHYSICIANS

The University of New Mexico School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of New Mexico School of Medicine designates this live activity for a maximum of **5.00 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

OTHER HEALTHCARE PROVIDERS

This program has been approved for **AMA PRA Category 1 Credits™** for physicians. Many societies and credentialing bodies accept the **AMA PRA Category 1 Credits™** as an equivalent as long as the topic is relevant to applicant's field or discipline. To obtain CE credit, refer to the guidelines provided by your board to understand specific requirements. A certificate with a statement of attendance will be provided after the activity, along with supporting documentation, you can use to apply for CE relevant to this activity.

GRANT DISCLAIMER

This event and publication is supported by the Substance Abuse and Mental Health Services Administration (SAMHSA) of the United States (U.S.) Department of Health and Human Services (HHS) as part of a financial assistance award (Award #: 1H79FG001354-01) totaling \$3.9 M with 100 percent funded by SAMHSA/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by SAMHSA/HHS, or the U.S. Government. For more information, please visit the SAMHSA website, Administrative and National Policy Requirements.

SPECIAL ACCOMMODATIONS

Individuals requiring special accommodations should contact CPL as soon as possible. UNM is in compliance with the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990.

Questions?

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