



# NEW MEXICO MULTISPECIALTY

PAIN MANAGEMENT &  
OPIOID SYMPOSIUM

**October 26, 2024**

---

DOMENICI CENTER FOR  
HEALTH SCIENCES EDUCATION

1001 Stanford NE  
Albuquerque, New Mexico

PRESENTED BY



SCHOOL OF  
MEDICINE

CONTINUOUS  
PROFESSIONAL LEARNING

## CONFERENCE DESCRIPTION

The conference provides opportunities to learn about pain management and opioid use not only generally but also through breakout sessions with emphasis in different specialties. Participants will be able to learn and share experiences regarding pain management with others in their own, or collaborating, specialties with a focus on New Mexico patient care.

## CONFERENCE OBJECTIVES

At the conclusion of this conference, the participant should be able to:

1. Describe and implement comprehensive pharmacological and non-pharmacological pain management treatment options for various conditions characterized by acute or chronic pain.
2. Apply safe, effective, and equitable pain management and treatment strategies in clinical practice.
3. Formulate effective treatment plans in any clinical setting for patients on opioids and patients with opioid use disorders.

---

## THE UNIVERSITY OF NEW MEXICO SCHOOL OF MEDICINE & GUEST FACULTY

### SPEAKERS

**Eileen Barrett, MD, MPH, SFHM, MACP**  
Faculty  
Institute for Healthcare Improvement

**Elizabeth Bisio**  
Medical Cannabis Program  
New Mexico Department of Health  
Santa Fe, NM

**Valerie Carrejo, MD, FAAFP, FASAM**  
Associate Professor, Program Director, Addiction Medicine Fellowship  
Clinical Vice Chair  
UNM School of Medicine, Department of Family & Community Medicine

**Thomas Chavez, PhD**  
Research Assistant Professor  
UNM School of Medicine, Department of Psychiatry & Behavioral Science

**Jimmie Cotton, MD**  
Assistant Professor  
UNM School of Medicine, Department of Emergency Medicine

**Jennifer Crawford, PhD**  
Assistant Professor  
UNM School of Medicine, Department of Psychiatry & Behavioral Science, Division of Community Behavioral Health

**Gary French, MD**  
Medical Cannabis Program  
New Mexico Department of Health  
Santa Fe, NM

**Will Gensler, MD**  
Pain Fellow  
UNM School of Medicine, Department of Orthopaedics & Rehabilitation, Division of Physical Medicine & Rehabilitation

**Radhika Grandhe, MBBS, MD**  
Associate Professor  
UNM School of Medicine, Department of Anesthesiology & Critical Care Medicine

**Margaret Greenwood-Ericksen, MD**  
Assistant Professor  
UNM School of Medicine, Department of Emergency Medicine

**Sergio Huerta II, MD**  
Associate Professor  
UNM School of Medicine, Department of Internal Medicine, Division of Hospital Medicine

**Lauren Mehok, PhD**  
Postdoctoral Fellow in Clinical Health Psychology  
New Mexico VA Health Care System  
Albuquerque, NM

**Julie Muché, MD**  
Assistant Professor, UNM School of Medicine, Department of Orthopaedics & Rehabilitation  
Medical Director, Lovelace UNM Rehabilitation Hospital

**Schuyler Rockwood, MD**  
Resident  
UNM School of Medicine

**Abhishek Saluja, MD**  
Resident  
UNM School of Medicine

**Andrea Sandoval, MD**  
Associate Professor  
UNM School of Medicine, Department of Anesthesiology

**Gurdeep Singh, DO**  
Associate Professor  
UNM School of Medicine, Department of Internal Medicine, Division of Hospital Medicine

**Christopher Smith, MD**  
Assistant Professor  
UNM School of Medicine, Department of Internal Medicine, Division of Hospital Medicine

**Kevin Sweet, MD**  
Assistant Professor  
UNM School of Medicine, Department of Radiology

**Brandon Warrick, MD**  
Associate Professor  
UNM School of Medicine, Department of Emergency Medicine

**Riana Wurzberer, MD**  
Assistant Professor  
UNM School of Medicine, Department of Internal Medicine, Division of Hospital Medicine

### PLANNING COMMITTEE

#### CHAIR

**Sarah Burns, DO, MS, FACP, FHM**  
Associate Professor, UNM School of Medicine, Department of Internal Medicine, Division of Hospital Medicine  
Director, Continuing Medical Education, UNM School of Medicine, Office for Continuous Professional Learning

### CME REVIEWERS

**FROM THE UNM SCHOOL OF MEDICINE, OFFICE FOR CONTINUOUS PROFESSIONAL LEARNING**  
Jennifer Harbaugh

# NEW MEXICO MULTISPECIALTY

## Pain Management & Opioid Symposium

8 - 8:45 am	<b>Registration / Networking / Continental Breakfast</b> (provided)
8:45 - 9 am	Welcome and Announcements <i>Sarah Burns, DO, MS, FACP, FHM</i>
9 - 10 am	Keynote Presentation <i>Margaret Greenwood-Ericksen, MD</i>
10 - 10:15 am	<b>BREAK</b>
10:15 - 11:15 am	<b>Breakout Session #1</b>
	A. Inpatient Management of Opioid Use Disorder <i>Christopher Smith, MD and Riana Wurzberger, MD</i>
	B. Use of Nerve Blocks and/or Ketamine to Treat Inpatient Acute Pain <i>Andrea Sandoval, MD</i>
	C. Outpatient Management of Opioid Use Disorder <i>Valerie Carrejo, MD, FAAFP, FASAM</i>
11:15 - 11:30 am	<b>BREAK</b>
	<b>Breakout Session #2</b>
	E. Serving Trans/Gender Diverse Populations: Creating Safe Spaces in Substance Use Disorder (SUD) Care <i>Thomas Chavez, PhD</i>
	F. Perioperative Pain Management in Patients on Suboxone <i>James Cotton, MD and Radhika Grandhe, MBBS, MD</i>
11:30 am - 12:30 pm	G. Lifestyle Medicine: The Impact on Chronic Pain <i>Julie Muché, MD, CPE</i>
	H. Helping Patients Access Medical Cannabis for the Treatment of Chronic Pain <i>Elizabeth Bisio, MSc, CHES and Gary French, MD</i>
	<b>LUNCH</b> (provided)
12:30 - 1:30 pm	<b>Breakout Session #3</b>
	I. The Psychology of Pain: Understanding Psychosocial Influences and Management <i>Lauren Mehok, PhD</i>
	J. Imaging Review: How to Use and Interpret X-Ray, CT, and MRI in Your Patient Evaluation <i>Kevin Sweet, MD</i>
	K. Racial Inequities in Opioid Prescribing <i>Gurdeep Singh, DO</i>
1:30 - 2:30 pm	L. Intrathecal Drug Delivery Systems: Indications, Complications, and Clinical Signs and Symptoms of Pump Malfunction <i>Will Gensler, MD</i>
	<b>BREAK</b>
	M. Drug Screening and Common Pitfalls <i>Valerie Carrejo, MD, FAAFP, FASAM</i>
	N. Nonsurgical Approach to Chronic Pain <i>Julie Muché, MD, CPE</i>
2:30 - 2:45 pm	O. Advocacy and Opioid Use Disorder <i>Eileen Barrett, MD, MPH</i>
	P. Multidisciplinary Modalities for Pain Management with Cases <i>Jennifer Crawford, PhD, Schuyler Rockwood, MD, and Abhishek Saluja, MD; moderated by Radhika Grandhe, MBBS, MD</i>
	<b>Ask the Experts!</b> <i>Valerie Carrejo, MD, FAAFP, FASAM, Sergio Huerta II, MD, and Brandon Warrick, MD</i>
2:45 - 3:45 pm	<b>Wrap Up Reflections</b> <i>Sarah Burns, DO, MS, FACP, FHM</i>
3:50-4:50 pm	
4:50 - 5 pm	

## CONFERENCE REGISTRATION RATES

Advance registration is encouraged. Minimum and maximum registration numbers have been established for this activity, register early to avoid disappointment. Your registration will be confirmed via email. If you do not receive a confirmation email, please contact CPL at [HSC-CPL@salud.unm.edu](mailto:HSC-CPL@salud.unm.edu) to verify your attendance. Please confirm your registration before making travel arrangements. Registration includes conference materials, breakfasts, lunches and breaks.

	Early Bird Now through 10/3/2024	Regular 10/4/2024-10/20-2024	Onsite 10/21/2024-10/26/2024
MD, DO, PharmD, PhD, PhC <i>paying with UNM Tuition Remission</i>	\$175.00 <i>\$165.00</i>	\$215.00 <i>\$205.00</i>	\$240.00 <i>\$230.00</i>
RN, LPN, NP, PA, Other <i>paying with UNM Tuition Remission</i>	\$125.00 <i>\$115.00</i>	\$165.00 <i>\$155.00</i>	\$190.00 <i>\$180.00</i>
Residents*/Fellows/Students**	\$40.00	\$80.00	\$105.00

*\*Must provide proof of resident status \*\*Must provide proof of student status*

## CANCELLATION

If you pre-register and cannot attend, CPL will refund tuition, less a \$40.00 administrative fee, provided the cancellation notice is received in writing **via email on or before October 11, 2024**. No refunds will be issued after this date or for non-attendance. Activities are subject to cancellation. In the event this activity is canceled, registrants will be notified via email and will receive a full refund. CPL is not responsible for any computer/device equipment rental, airfare, hotel, car rental or other costs incurred by participants.

## HOW TO REGISTER

**CREDIT CARDS, CHECK, OR UNM PR:** <https://bit.ly/Pain2024Reg>

Checks should be made payable to UNM CPL, include the attendees name and mailed to: The University of New Mexico, Office for Continuous Professional Learning, MSC09 5370, 1 University of New Mexico, Albuquerque, New Mexico 87131-0001. It is UNM policy to charge offerer \$35.00 plus normal merchant bank fees for each returned check. **CPL does not accept POs or paper registrations. All registrations need to be completed online with the link above.**

## UNM TUITION REMISSION

All eligible UNM faculty and staff may enroll using a UNM Tuition Remission (waiver) to cover tuition costs listed on the registration form. Proper completion includes all required signatures. No refund or credit will be issued for non-attendance.

1. Complete the [conference registration form](#) and select that you will be paying with UNM Tuition Remission.
2. If you need your supervisor's approval to use your tuition remission you will need to upload a completed [UNM Tuition Remission](#) form with proper signatures to the online registration form.

## LODGING

We do not have a room block secured for this conference. However, The University of New Mexico has negotiated agreements with several local hotels, should you need lodging during the conference. These rates are based on availability and hotel occupancies. Some hotels may require proof of UNM eligibility. <https://purchase.unm.edu/local-hotel-information/index.html>

## ACCREDITATION

### PHYSICIANS

The University of New Mexico School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of New Mexico School of Medicine designates this live activity for a maximum of **6.00 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### MAINTENANCE OF CERTIFICATION

MOC is being reviewed and is pending by these specialties: American Board of Anesthesiology, American Board of Internal Medicine, American Board of Pediatrics, American Board of Orthopaedic Surgery, American Board of Pathology, American Board of Surgery, and American Board of Thoracic Surgery.

### NEW MEXICO MEDICAL BOARD'S PAIN MANAGEMENT CME REQUIREMENT

This activity has been approved for 5 hours of the New Mexico Medical Board's Pain Management CME requirement.

## SPECIAL ACCOMMODATIONS

Individuals requiring special accommodations should contact CPL as soon as possible. UNM is in compliance with the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990.

### Questions?

UNM Office for Continuous Professional Learning  
MSC09 5370 1 University of New Mexico, Albuquerque, NM 87131-0001

Phone: (505) 272-3942

Email: [HSC-CPL@salud.unm.edu](mailto:HSC-CPL@salud.unm.edu)

Web: [goto.unm.edu/cpl](http://goto.unm.edu/cpl)