# RESOURCE DIRECTORY

CUBA, NEW MEXICO

**NOTE:** THE RESOURCES LISTED IN THIS DIRECTORY WERE CURRENT AS OF SPRING 2024. UPDATES OR CHANGES COULD HAVE BEEN MADE SINCE THEN.

Resource Directory | 1

#### TABLE OF CONTENTS

HOUSING SERVICES	_ 5
CUBA HOUSING AUTHORITY	_ 5
FOOD AND NUTRITION	
CHECKERBOARD FOOD PANTRY NEW MEXICO WOMEN, INFANTS, AND CHILDREN (WIC) PROGRAM CUBA SENIOR CENTER	6
TRANSPORTATION	
BUS FROM BERNALILLO TO CUBA – ROUTE 8 BUS FROM CUBA TO BERNALILLO – ROUTE 8	_ 7 _ 7
EMPLOYMENT AND JOB TRAINING	_ 8
New Mexico Workforce Connection	8
EDUCATION AND CHILDCARE	_ 9
CUBA INDEPENDENT SCHOOL DISTRICT – CUBA ELEMENTARY SCHOOL, CUBA MIDDLE SCHOOL, AND CUBA HIGH SCHOOL	
MENTAL HEALTH AND COUNSELING SERVICES	_ 10
Presbyterian medical Services – Cuba Health Center Presbyterian Medical Services – Cuba School Based Health Center	_ 10 _ 10
SUBSTANCE ABUSE AND REHABILITATION	_ 11
PRESBYTERIAN MEDICAL SERVICES – CUBA HEALTH CENTER AMIKIDS SANDOVAL RESIDENTIAL PRGORAM	_ 11 _ 11
DENTAL HEALTH SERVICES	12
PRESBYTERIAN MEDICAL SERVICES – CUBA HEALTH CENTER	
JEMEZ HEALTH CLINIC	13
LAB, X-RAY, AND IMAGING SERVICES	
UNM SANDOVAL REGIONAL MEDICAL CENTER	_ 14
FINANCIAL ASSISTANCE	
HUMAN SERVICES DEPARTMENT – INCOME SUPPORT DIVISION	_ 15
LEGAL AND ADVOCACY SERVICES	
13th Judicial District Court New Mexico Legal Aid – Native American Program (Santa Ana Office)	_ 16 _ 16
SENIOR AND ELDERLY CARE	
CUBA SENIOR CENTER GOOD SAMARITAN SOCIETY - HOME HEALTHCARE	_ 17 _ 17
SOUTHWESTERN PRIVATE SERVICES INC HOME HEALTHCARE	17 18

CUBA INDEPENDENT SCHOOL DISTRICT DAY CARE	18
COMMUNITY CENTERS AND RECREATIONAL ACTIVITIES	19
CUBA SENIOR CENTER	19
PHARMACIES	20
Presbyterian medical Services – Cuba Health Center	20
ADDITIONAL RESOURCES	21
SOCIAL SECURITY OFFICE – CLOSEST OFFICE TO CUBA DIALYSIS CLINIC INC	

## HOUSING SERVICES

#### CUBA HOUSING AUTHORITY

- Address: 29 Rainbow Loop, Cuba, NM 87013
- Phone: (575) 289-3499
- Website: <u>www.publichousing.com/details/nm\_cuba-housing-authority</u>
- Services Provided: Housing assistance to low-income residents through the management of programs such as Low Rent Public Housing and the Housing Choice Voucher Program Section 8.
- Eligibility Criteria: Your household income must be below 80% of the area median income (AMI). You must have a valid Social Security number or Individual Taxpayer Identification Number (ITIN). You must be a U.S. citizen or a legal immigrant. You must not have been evicted from any public housing or Section 8 housing in the past three years. You must not have any outstanding felony convictions for drug-related offenses. You must not be a registered sex offender.
- Operating Hours: Monday-Friday 8am-5pm

## FOOD AND NUTRITION

#### CHECKERBOARD FOOD PANTRY

- Address: Sandoval County Fairgrounds, 37 Rodeo Road, Cuba, NM 87013
- Email: nacimientofoundation@gmail.com
- Website: www.nacimientofoundation.org/checkerboard-food-pantry
- Services Provided: Drive-up food pantry on the third Wednesday of every month.
- Eligibility Criteria: Must be from Cuba, NM or the surrounding areas.
- Operating Hours: Third Wednesday of every month, 1:30-4:30, please check website for pick-up time, which varies by last name.

#### NEW MEXICO WOMEN, INFANTS, AND CHILDREN (WIC) PROGRAM

- Address: 6363 U.S. 550, Cuba, NM 87013
- Phone: (505) 867-2291
- Website: www.wicprogram.net/cibola-county-health-office-wic-nm-wcl7236
- Services Provided: The WIC program aims to help low income and nutritional at-risk women, infants and children. Free healthy foods, ideas for healthy eating and maintaining good health habits, support for nursing families, and connects families with other community services.
- Eligibility Criteria: Low-income pregnant, postpartum, and nursing (breastfeeding) women, infants, and children up to age 5.
- Operating Hours: Monday through Friday 8-noon and 1-5pm

#### CUBA SENIOR CENTER

- Address: 16-A Cordova St., Cuba, NM 87013
- Phone: (575) 289-3510
- Website: <u>www.sandovalcountynm.gov/departments/community-services/senior-services/senior-centers/cuba-senior-center/</u>
- Services Provided: Free lunch Monday through Friday 11:30-12:30. Activities for seniors such as crafts and bingo.
- Operating Hours: Center is open Monday through Friday 8-6. Lunch is served Monday through Friday 11:30 to 12:30.

## TRANSPORTATION

#### BUS FROM BERNALILLO TO CUBA – ROUTE 8

- Nine morning pick-up times between 6:24 and 7:55.
- Three afternoon pick-up times between 2:39 and 3:23.
- Phone: 1-866-795-RAIL (7245)
- Website: www.riometro.org/DocumentCenter/View/92/Route-8-PDF?bidId=
- Services Provided: Public bus system running from Bernalillo to Cuba.
- Eligibility Criteria: Reduced fares for youth aged 10-17, students with a valid student ID, seniors age 62+, Medicare card holders, people with disabilities. Children 9 and under ride free. Active-duty military and veterans with ID ride free.

#### BUS FROM CUBA TO BERNALILLO – ROUTE 8

- Four morning pick-up times between 8:19 and 9:16.
- Six afternoon pick-up times between 3:30 and 4:55.
- Phone: 1-866-795-RAIL (7245)
- Website: <u>www.riometro.org/DocumentCenter/View/92/Route-8-PDF?bidId=</u>
- Services Provided: Public bus system running from Cuba to Bernalillo.
- Eligibility Criteria: Reduced fares for youth aged 10-17, students with a valid student ID, seniors age 62+, Medicare card holders, people with disabilities. Children 9 and under ride free. Active-duty military and veterans with ID ride free.

## **EMPLOYMENT AND JOB TRAINING**

#### NEW MEXICO WORKFORCE CONNECTION

- Address: 501 Mountain Rd NE, Albuquerque, NM 87102
- Phone: (505) 843-1900
- Website: https://www.jobs.state.nm.us/vosnet/default.aspx
- Services Provided: Online portal that helps individuals find career opportunities in their area.
- Operating Hours: Monday through Friday 8-5

## EDUCATION AND CHILDCARE

#### CUBA INDEPENDENT SCHOOL DISTRICT – CUBA ELEMENTARY SCHOOL, CUBA MIDDLE SCHOOL, AND CUBA HIGH SCHOOL

- Address: 50 Country Rd 13, Cuba, NM 87013
- Phone: (575) 289-3211
- Website: https://www.cuba.k12.nm.us/
- <u>Services Provided: Schooling for Pre-K through 12.</u>
- Operating Hours: Monday through Friday 8-10:45.

## MENTAL HEALTH AND COUNSELING SERVICES

#### PRESBYTERIAN MEDICAL SERVICES – CUBA HEALTH CENTER

- Address: 6349 US Highway 550, Cuba, NM 87013
- Phone: (575) 289-3291
- Website: https://www.pmsnm.org/locations/cuba-health-center/
- <u>Service</u>s Provided: Outpatient behavioral health, dentistry, and medical care.
- Eligibility Criteria: All insurances accepted except for Molina. Humana is accepted but there is limited coverage.
- Operating Hours: Monday 8-6:30, Tuesday 8-5, Wednesday 8-5, Thursday 8-6:30, Friday 8-5
- Intake Steps: Schedule appointments online or by telephone.

## PRESBYTERIAN MEDICAL SERVICES – CUBA SCHOOL BASED HEALTH CENTER

- Address: 50 County Road 13, Cuba, NM 87013
- Phone: (575) 289-2082
- Website: https://www.pmsnm.org/locations/cuba-school-based-health-center/
- <u>Service</u>s Provided: Outpatient behavioral health, dentistry, and medical care.
- Eligibility Criteria: Services available for Cuba Independent School District students.
- Operating Hours: Wednesday's 8:30-2:30
- Intake Steps: Schedule appointments online or by telephone.

## SUBSTANCE ABUSE AND REHABILITATION

#### PRESBYTERIAN MEDICAL SERVICES – CUBA HEALTH CENTER

- Address: 6349 US Highway 550, Cuba, NM 87013
- Phone: (575) 289-3291
- Website: <u>https://www.pmsnm.org/locations/cuba-health-center/</u>
- Services Provided: Outpatient behavioral health, dentistry, and medical care.
- Eligibility Criteria: All insurances accepted except for Molina. Humana is accepted but there is limited coverage.
- Operating Hours: Monday 8-6:30, Tuesday 8-5, Wednesday 8-5, Thursday 8-6:30, Friday 8-5
- Intake Steps: Schedule appointments online or by telephone.

#### AMIKIDS SANDOVAL RESIDENTIAL PRGORAM

- Address: 20 Pond Road, Cuba, NM 87013
- Phone: (505) 346-0075
- Website: <u>Sandoval-ED@amikids.org</u>
- Services Provided: Residential treatment for behavioral health or substance abuse patients.
- Eligibility: Free program for male teens involved in Federal Juvenile Probation. Program is primarily for Native American and Hispanic youth.
- Operating Hours: 24/7

## DENTAL HEALTH SERVICES

#### PRESBYTERIAN MEDICAL SERVICES – CUBA HEALTH CENTER

- Address: 6349 US Highway 550, Cuba, NM 87013
- Phone: (575) 289-3291
- Website: https://www.pmsnm.org/locations/cuba-health-center/
- <u>Service</u>s Provided: Outpatient behavioral health, dentistry, and medical care.
- Eligibility Criteria: Must be a member of the Pueblo of Jemez community or another New Mexico Native American tribe.
- Operating Hours: Monday 8-6:30, Tuesday 8-5, Wednesday 8-5, Thursday 8-6:30, Friday 8-5
- Intake Steps: Schedule appointments online or by telephone.

## EYE CARE/VISION SERVICES

#### JEMEZ HEALTH CLINIC

- Address: 110 Sheep Springs Way, Jemez Pueblo, NM 87024
- Phone: (575) 834-7413
- Website: <a href="https://www.jemezpueblo.org/health/clinical-services/optometry/">https://www.jemezpueblo.org/health/clinical-services/optometry/</a>
- Services Provided: Routine eye care, contact lens exams, diabetic eye care, medical eye care, and glasses.
- Eligibility Criteria: Provides health services to the people of Jemez Pueblo and other eligible Native American patients.
- Operating Hours: Monday 7:30-5, Tuesday 7:30-8, Wednesday 7:30-6, Thursday 7:30-8, Friday 7:30-6, Saturday 8-2
- Other: About 45 minutes from Cuba, NM.

## LAB, X-RAY, AND IMAGING SERVICES

#### UNM SANDOVAL REGIONAL MEDICAL CENTER

- Address: 3001 Broadmoor Blvd NE, Rio Rancho, NM 87144
- Phone: (505) 272-4866 (Scheduling number), (505) 994-7000 (Radiology clinic number)
- Website: <u>https://unmhealth.org/locations/sandoval-regional-medical-center/</u>
- Services Provided: CT scans, echocardiograms, fluoroscopy, MRI, ultrasound, x-rays, and bone density testing (DEXA).
- Eligibility Criteria: Accepts most major insurance plans. Financial assistance is available for patients without insurance.
- Operating Hours: Monday through Friday 7:30-5
- Other: About one hour from Cuba, NM.

## FINANCIAL ASSISTANCE

#### HUMAN SERVICES DEPARTMENT - INCOME SUPPORT DIVISION

- Mailing Address: P.O. Box 2348, Santa Fe, NM 87504
- Phone: (800) 283-4465
- Website: https://www.hsd.state.nm.us/
- Services Provided: Coordinate health and human services that improve the security and promote the independence of New Mexicans.
- Eligibility Criteria: Call customer service line above for information on eligibility.
- Operating Hours: Monday through Friday 7-6:30

## LEGAL AND ADVOCACY SERVICES

#### 13<sup>TH</sup> JUDICIAL DISTRICT COURT

- Address: Sandoval County District Court, 1500 Idalia Rd, Bernalillo, NM 87004
- Phone: (505) 867-2376
- Website: https://thirteenthdistrictcourt.nmcourts.gov/
- Services Provided: The Court provides legal form packets with simple, clear instructions for people who wish to represent themselves in a variety of matters. The Court also holds a Court Clinic at the courthouse once a month, on the first Wednesday of the month, from 10 a.m.-2 p.m. People are seen in the Court Clinic on a first come first served basis by volunteer attorneys.
- Eligibility: Be a resident of Sandoval County.
- Other: About one hour from Cuba, NM.
- Operating Hours: Monday, Tuesday, Thursday, and Friday 8-12 and 1-5, Wednesday 8:30-12 and 1-5

# NEW MEXICO LEGAL AID – NATIVE AMERICAN PROGRAM (SANTA ANA OFFICE)

- Address: P.O. Box 817, Bernalillo, NM 87004
- Phone: (505) 867-3391
- Website: <u>https://newmexicolegalaid.org/native-american-program/</u>
- Services Provided: Free legal service is provided to low-income Native American people in areas of civil and domestic issues. Serving the Rio Grande Pueblos.
- Eligibility Criteria: Must be a tribal member on or near the 19 pueblos or Mescalero Apache nation.
- Operating Hours: Monday through Friday 8:30-12 and 1-5

## SENIOR AND ELDERLY CARE

#### CUBA SENIOR CENTER

- Address: 16-A Cordova St., Cuba, NM 87013
- Phone: (575) 289-3510
- Website: <u>www.sandovalcountynm.gov/departments/community-services/senior-services/senior-centers/cuba-senior-center/</u>
- Services Provided: Free lunch Monday through Friday 11:30-12:30. Activities for seniors such as crafts and bingo.
- Operating Hours: Center is open Monday through Friday 8-5. Lunch is served Monday through Friday 11:30 to 12:30.

#### GOOD SAMARITAN SOCIETY - HOME HEALTHCARE

- Address: 6389 B US 550, Cuba, NM 87013
- Phone: (575) 655-6511
- Website: <u>www.good-sam.com/locations/home-care-cuba</u>
- Services Provided: Relief and respite care, errand services, appointment escorts, companionship, memory care, personal hygiene assistance, dressing, bathing, meal preparation, assistance with light exercise, pet care, and medication reminders.
- Eligibility Criteria: Medicaid, Blue Cross Blue Shield, Presbyterian, or Western Skies insurances.

#### SOUTHWESTERN PRIVATE SERVICES INC. - HOME HEALTHCARE

- Address: 6382 A U.S. 550, Cuba, NM 87013
- Phone: (575) 289-2726
- Website: https://southwesterncompanies.com/
- Services Provided: Skilled nursing including medical assessment, education, training, IV therapy, wound care, medication management, and PT/INR monitoring.
- Eligibility Criteria: Medicaid, Blue Cross Blue Shield, Presbyterian, or Western Skies insurances.
- Operating Hours: Monday and Tuesday 8-5, Wednesday and Thursday 8-12, Friday 1-4

## YOUTH SERVICES

#### CUBA INDEPENDENT SCHOOL DISTRICT DAY CARE

- Address: 50 Country Rd 13, Cuba, NM 87013
- Phone: (575) 289-3211
- Website: https://www.cuba.k12.nm.us/
- Services Provided: Schooling for Pre-K through 12.
- Operating Hours: Monday through Friday 8-10:45.

## **COMMUNITY CENTERS AND RECREATIONAL ACTIVITIES**

#### CUBA SENIOR CENTER

- Address: 16-A Cordova St., Cuba, NM 87013
- Phone: (575) 289-3510
- Website: <u>www.sandovalcountynm.gov/departments/community-services/senior-services/senior-centers/cuba-senior-center/</u>
- Services Provided: Free lunch Monday through Friday 1130-1230. Activities for seniors such as crafts and bingo.
- Operating Hours: Center is open Monday through Friday 8-5. Lunch is served Monday through Friday 11:30 to 12:30.

## PHARMACIES

#### PRESBYTERIAN MEDICAL SERVICES – CUBA HEALTH CENTER

- Address: 6349 US Highway 550, Cuba, NM 87013
- Phone: (575) 289-3291
- Website: https://www.pmsnm.org/locations/cuba-health-center/
- Services Provided: Outpatient behavioral health, dentistry, and medical care.
- Eligibility Criteria: All insurances accepted except for Molina. Humana is accepted but there is limited coverage.
- Operating Hours: Monday through Friday 8 to 5

## ADDITIONAL RESOURCES

#### SOCIAL SECURITY OFFICE - CLOSEST OFFICE TO CUBA

- Address: 4433 Jager Dr. NE, Rio Rancho, NM 87114
- Phone: (800) 772-1213
- Website: www.ssa.gov
- Services Provided: Social security administers retirement, disability, survivor, and family members benefits to individual enrolled in Medicare.
- Eligibility Criteria: No geographic requirements to use this office.
- Operating Hours: Monday, Tuesday, Thursday, Friday 9 to 4, Wednesday 9 to noon

#### DIALYSIS CLINIC INC.

- Address: 14 East Cordova Ave., Cuba, NM 87013
- Phone: (575) 289-0090
- Website: https://www.dciinc.org/location/cuba-nm
- Services Provided: Hemodialysis and peritoneal dialysis.
- Operating Hours: Monday, Wednesday, and Friday 6-4