

FY 25

ANNUAL REPORT



COLLEGE OF
PHARMACY
NEW MEXICO POISON &
DRUG INFORMATION CENTER



Supported by UNM Children's Hospital



DIRECTOR'S MESSAGE

2024-2025 (FY25) marked a year of growth, advocacy, and meaningful public health impact for the New Mexico Poison and Drug Information Center. From federal engagement to expanded state partnerships, we strengthened our role as both a local and national voice in poison prevention and response.

We had the privilege of hosting Representative Melanie Stansbury for a site visit at our center. During her visit, we showcased our call center operations, toxicsurveillance capabilities, and poison prevention outreach efforts. The visit concluded with a thoughtful discussion where the Representative shared her vision for the future of New Mexico on topics, including substance use.

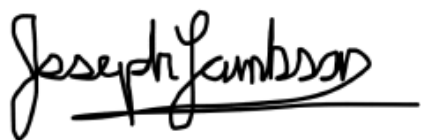
Following the visit, Representative Stansbury became a strong advocate on a longstanding poison center issue of georouting— a critical challenge in which calls to poison centers are misdirected, potentially delaying emergency care. Along with two other members of Congress, she formally urged the Health Resources and Services Administration (HRSA) to take federal action. This event was an inspiring example of how local engagement can drive national advocacy—momentum that was further amplified by the national leadership of Dr. David Gummin, who began his term as President-Elect of America's Poison Centers during this pivotal time.

Alongside these national efforts, we expanded our partnerships and public health initiatives within New Mexico. We collaborated closely with the New Mexico Environment Department (NMED) and the New Mexico Department of Health (NMDOH) to support a statewide response to harmful algal bloom exposures. We also strengthened our partnership with the Cannabis Control Division of the New Mexico Regulation and Licensing Department to improve our joint response to recalls involving contaminated cannabis products.

As you read our FY25 report, you will discover our ongoing efforts in reducing poison-related illness and death for all New Mexicans. You will read that our services saved an estimated \$10.5 million in healthcare costs this year—a conservative figure given rising hospital expenses and inflation. You will additionally learn that nearly 30% of our managed cases originated from rural areas. Our report also highlights other impactful initiatives including our research aimed at promoting drug safety and addressing drug shortages, our public and media outreach efforts, and our student and community education.

Our efforts would not be possible without the continued support of our parent organization, the College of Pharmacy at the University of New Mexico Health Sciences Center, UNM Children's Hospital, our previously mentioned public health partners, and other key stakeholders. We are also deeply grateful to the Governor, the Legislature, and staff from the Higher Education Department, Department of Finance and Administration, and Legislative Finance Committee for their continued support of our poison center as well as our supporters from the Federal level.

With that, I invite you to explore our report.

A handwritten signature in black ink, reading "Joseph Enoch Lambson". The signature is fluid and cursive, with a long horizontal line extending from the end of the name.

Dr. Joseph Enoch Lambson, PharmD, DABAT

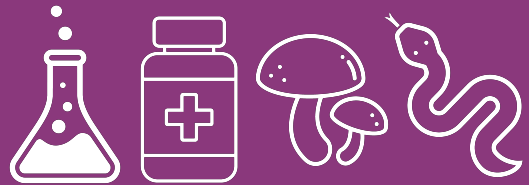
Director, New Mexico Poison and Drug Information Center

College of Pharmacy, University of New Mexico, UNM Health Sciences Center

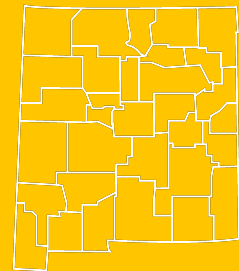
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ABOUT OUR SERVICES

The New Mexico Poison and Drug Information Center (NMPDIC) helps manage exposures to any toxic substance.



The NMPDIC proudly serves all New Mexicans. Our telephone services are **free, confidential, and offered in over 80 languages.**



Pharmacists specially trained in poison information answer the phones. We have **12 registered pharmacists** (10 certified) and **one pharmacy technician.**



We took **19,187 cases** in FY 25. We safely managed **10,032 (80.1%) cases** on-site, with an estimated **savings of \$10.5 million** in healthcare dollars.

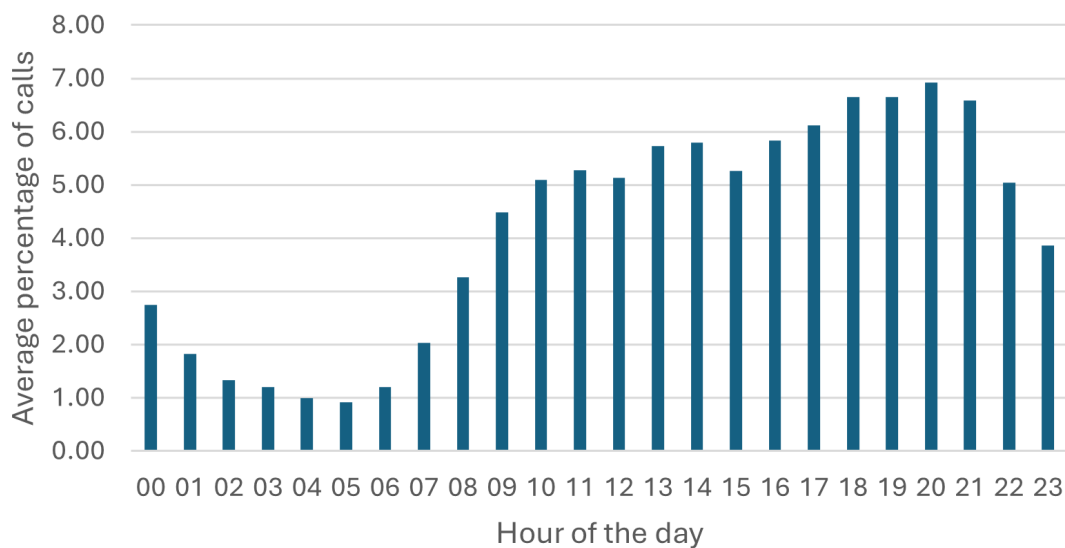


The NMPDIC is **available 24 hours a day, 7 days a week.**

The peak call time is between **6 pm and 10 pm.**



Poison Center Call Volume by Time of Day

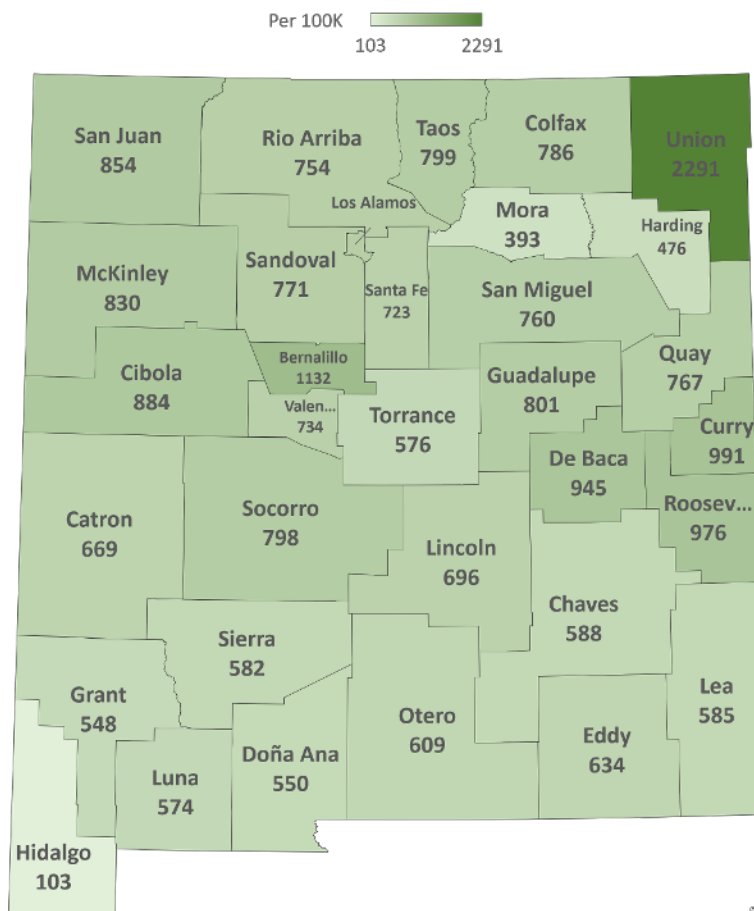


In FY 25, **84.8%** were human exposure calls, **4.2%** were animal exposures, **4.9%** drug information calls, and **2.2%** other information.



In FY 25, we received calls from all **33** counties:
71% Urban, 27% Rural, and 2% Unknown.

Cases Per 100,000



Top 5 Urban Counties

County	Cases per 100K
Bernalillo	1132
San Juan	854
Sandoval	771
Valencia	734
Santa Fe	723

Top 5 Rural Counties

County	Cases per 100K
Union	2291
Curry	991
Roosevelt	976
De Baca	945
Cibola	884

TOP 10 CALLS BY SUBSTANCE

Substance	Percent of Calls
 Analgesics (including opioids)	11.69%
 Cleaning Substances	5.87%
 Antidepressants	4.64%
 Antihistamines	4.6%
 Cardiovascular	4.42%
 Cosmetics/Personal Care	4.32%
 Alcohols	3.92%
 Sedative/Hypnotics/Antipsychotics	3.8%
 Fumes/Gases/Vapors	3.2%
 Foreign Bodies/Toys/Miscellaneous	3.11%

HOT TOPICS

Recreational Cannabis

Recreational adult use of cannabis became legal in NM in 2022. Edible cannabis ingestion exposures in children <5 years old decreased to 33 calls as compared to 43 calls in 2024. Increased awareness about the dangers of edibles in children, focused on prevention, is a priority during public outreach events.

Semaglutide

Semaglutide and the risks surrounding compounded products featured heavily in national news in 2024. The NMPDIC received 16 calls in 2024 from patients with exposures to semaglutide, with more than half of those patients requiring medical evaluation. Our pharmacists are highly trained and equipped with the expertise to not only identify and manage adverse drug reactions but also to effectively intervene in cases of overdose, ensuring patient safety and optimal therapeutic outcomes.

Environmental Gases

Our pharmacists expertly handle exposures to environmental gases, responding to a variety of incidents. In 2024, we managed 339 calls related to carbon monoxide, 134 calls for chlorine gas exposure, and 15 calls for hydrogen sulfide incidents. Through our response and expertise, we ensure the safety and well-being of individuals exposed to these hazardous gases.

Kratom

Kratom is sometimes used illicitly for its stimulant and sedative effects, often to self-manage pain, anxiety, or withdrawal symptoms, despite potential risks. The NMPDIC managed 10 patients in 2024, with 6 experiencing significant adverse effects from kratom use, highlighting the importance of monitoring and addressing the potential risks of its use.

MEDIA HIGHLIGHTS

CBS News

- Semaglutide

Healthline

- E. Coli Outbreak Linked to Carrots: Sxs, Risks, And Recalled Brands
- Why More People Are Overdosing On Weight Loss Drugs

KRQE

- New Mexico Poison Control Center Helping People Dealing With Substance Abuse

Senator Lujan's Newsroom

- Lujan Passes Bipartisan Bill to Reauthorize Poison Control Centers Network, Help Families Get Emergency Help And Safety Information

Science News

- A Shadowy Market For Weight-Loss Drugs Has Emerged Online

Telemundo & NMED

- Radon Exposures In New Mexico

The New York Times

- More People Are Overdosing On Ozempic Alternatives

Representative Melanie Stansbury's Visit



Courtesy of UNM Health Sciences Newsroom

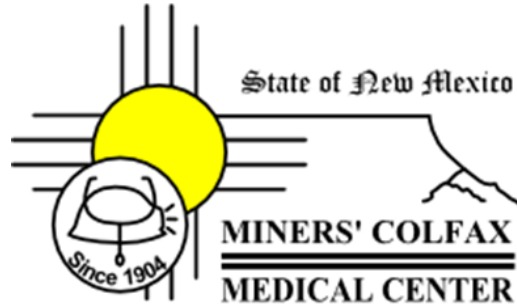
PROFESSIONAL OUTREACH

Group Presentations For:

ECHO Program - 2

Emergency Response - 2

Healthcare Professionals - 5



PUBLIC EDUCATION OUTREACH



Senior Outreach

- Attended 16 Events
- 200 Naloxone Kits Distributed

Tribal Outreach

- Attended 6 Events
- Presented Navajo Nation Research at NACCT 24

Facebook Insights

- 5.5 K Reach
- 388 Interactions
- 654 Followers
- 2 Live Q & A Session



Contact us to request our participation in an outreach event.



TESTIMONIALS

"They are so soothing and make you feel like you don't need to panic. Always a comforting experience. The specialist was absolutely kind, which means a lot coming from me as a social worker."

Satisfied Caller



"The staff at poison control has always been professional, prompt, helpful and a great source of information. I always enjoy working with them."

**Dr. Stephen Corriz, D.O.
Presbyterian Emergency Medicine**



"Working alongside an interdisciplinary team of residents, physicians, pharmacists, and toxicologists made for an incredible and invaluable learning experience. I appreciated the opportunity to learn from such a welcoming and knowledgeable team."

Isaac J. Olona, PharmD Student Rotator



RESEARCH HIGHLIGHTS

Bonnin LM, Warrick B, Pruett KM, Gummin DD. Cardiovascular and Neurologic Risks Associated with Kratom Use: A Case Series. Clin Toxicol (Phila). 2024; 62(S2):71.

Feldman R, Lyneis J, Hawi M, Gummin D, Abourashed E. In vitro evaluation of albumin 'protein sink' as a rescue therapy in salicylate toxicity. Clin Toxicol (Phila). 2024; 62(S2):2.

Greenwood-Ericksen M, Blasi M, Warrick BJ, et al. Statewide implementation for medications for opioid use disorder (MOUD) in urban and rural emergency departments. J Rural Health. 2025 Jan;41(1):e70011

Gummin DD, Mowry JB, Beuhler MC, et al. 2023 Annual Report of the National Poison Data System® (NPDS) from America's Poison Centers®: 41st Annual Report. Clin Toxicol (Phila). 2024 Dec;62(12):793-1027.

Katzman JG, Warrick BJ, Takeda M, et al. Substance Use and Chronic Pain Management: Understanding the Learning Needs of Primary Care Clinicians Through Project ECHO. Healthcare (Basel). 2025 Apr 11;13(8):873.

Lambson, J. E., Hinckley, P., & Moss, M. J. (2025). Rivastigmine to treat anticholinergic toxicity following drug overdose – case series. Toxicology Communications, 9(1). <https://doi.org/10.1080/24734306.2025.2463801>

Lambson J, Gummin D, Riccobene A, Warrick B. Ongoing Exposures of Hand Sanitizer Contaminated with Methanol Post COVID – A Poison Center Study. Clin Toxicol (Phila). 2024; 62(S2):68.

Nakatsu L, Lopez JR, Garcia CM, et al. Comparison of two-bag and three-bag acetylcysteine regimens in the treatment of paracetamol poisoning: a systematic review and meta-analysis. Clin Toxicol (Phila). 2025;63(3):155-165. doi:10.1080/15563650.2025.2456116

FUNDING SOURCES

RPSP	89.91%
UNMH - CH	4.96%
HRSA	4.85%
Donations	0.28%
Total	100%

Key

RPSP = Research and Public Service Projects (State)

HRSA = Health Resources and Services Administration (Federal)

UNMH-CH = The University of New Mexico's Children's Hospital

MAKE A DONATION

The New Mexico Poison and Drug Information Center (NMPDIC) works on a bare-bones budget of \$3M.

If you would like to help the NMPDIC continue to make a positive impact on the health and safety of New Mexican communities, please scan the QR code to donate. We greatly appreciate all donations — no amount of money can be too big or small.

