Poison Prevention

First Aid

Tips

- Keep all poisonous plants, bulbs, seeds, and plant foods out of sight and reach of children and pets.
- Teach children not to put leaves, stems, bark, berries, seeds, nuts, or any other part of a plant into their mouths.
- Remove mushrooms from your yard on a regularly.
- Never take it for granted that plants or berries that are safe for animals or birds to eat are also safe for humans.
- Cooking does not destroy poisons in plants.



NEW MEXICO POISON & DRUG INFORMATION CENTER

Tips

- If ANY plant is eaten, take out what is left in the mouth and rinse completely with water.
- If skin is exposed to a toxic plant, wash the skin with water and soap. Take off all clothing that has touched the plant.
- Call the NM Poison and Drug Information Center right away for treatment advice. Never wait for symptoms to appear.

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Poisonous Plants in New Mexico

New Mexico is home to hundreds of poisonous plants. These plants have elements that can cause symptoms ranging from a mild stomachache to serious illness or even death. This is why it is important to know what kind of plants are in and around your home.

hsc.unm.edu/poison

Poisonous Plants in New Mexico

Foxglove



This list names some of the common **poisonous** plants found in New Mexico. It does not include every poisonous plant in New Mexico. If you do not see a plant listed here, that does not mean it is safe.

To identify poisonous plants, ask your local garden center for help. Find out the common and botanical names of the plants. Then call the New Mexico Poison and Drug Information Center to find out if a plant is poisonous.

<u>A</u>

amaryllis apricot pits apple seeds azalea

B

begonia buckthorn

<u>C</u>

castor bean cherry pits chokeberry pits cotoneaster crabapple seeds

D

death camas dumb cane donkey tail euonymous euphorbia <u>F</u> false hellebore four o'clock foxglove <u>H</u>

E

hemlock holly berries horse nettle hyacinth hydrangea iris ivy Jerusalem cherry jimson weed

L lantana larkspur lily of the valley M milkweed monkshood morning glory mother-in-laws tongue mushrooms (outdoor) N narcissus nephthytis nightshade

<u>o</u> oleander

P

peace lily periwinkle philodendron plum pits poinsettia poison ivy poison oak pokeweed pothos primrose **R** rhododendron

rhubarb leaves rosary pea

<u>S</u>

shamrock plant string of pearls

T

tulip bulbs

wisteria

yew

<u>Y</u>

HLO Approved

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