# PH 556: 2021 UNM Summer Institute in Community Based Participatory Research for Health



## **COMMUNITY BASED PARTICIPATORY RESEARCH INSTITUTE: INDIGENOUS AND CRITICAL METHODOLOGIES**

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COLLEGE OF POPULATION HEALTH

Co-Sponsors: Center for Participatory Research; Center for Social Policy; Center for Native American Health; Community Health Education; CTSC; HSC Offices of Diversity & Community Health.

### 2021 SUMMER DATES (12TH ANNUAL INSTITUTE):

The 2021 course is completely on-line and will use Google Classroom. August 4<sup>th</sup>: 1:00-6:00 pm MST: Welcome/Introductions/First Module. August 9-10<sup>th</sup> and 12-13<sup>th</sup>: 8:30 am-5:00 pm MST: (No class on Wednesday). This week will be synchronous on-line format, with mini-presentations, project groups, and reading groups August 18<sup>th</sup>: 1:00-5:00 pm MST: Last day of content and overall evaluation of the Institute. (Image Credit: "God Gives the World to Arapahoe Children" by America Meredith [http://www.ahalenia.com/america/]. Image reproduced by permission of the artist.)

MASTER OF PUBLIC HEALTH, COLLEGE OF POPULATION HEALTH (2 or 3 graduate credits) Sign up **ASAP** each year, though official registration starts in March. Contact Gayle at GarciaG@salud.unm.edu by late Fall for a spot.

## **INVITATION TO PARTICIPATE:**

For graduate students, post-doctoral fellows, faculty, researchers, community partners/researchers, academic-community teams, health professionals, scholar-activists, and others. This will be an intensive co-learning institute to explore how CBPR intersects with indigenous and critical methodologies, including the challenges for academics and community members to co-construct knowledge for improved health equity. Masters students enrolled for 2 credits are expected to participate in readings, discussions, and journal-writing; for 3 doctoral credits, requirements include a CBPR methodology or theory paper. Enrollment is limited to 50 participants. For credit, UNM tuition (or tuition waivers) plus \$40.00 fees. If not enrolled for credit: \$975 for faculty/researchers; \$675 for research staff or health/social service professionals; \$550 for non-credit students/fellows; \$300 for community members.

**CBPR**, and related-Participatory Action & Community-Engaged Research, is defined as a "collaborative approach that equitably involves all partners in research...with the aim of combining knowledge and action for social change to improve health and eliminate health disparities" (Kellogg Foundation). Not simply a set of research methods, CBPR or community-engaged research (CEnR) fundamentally changes the relationship between researchers and researched.

For this Institute, we use a definition of **Indigenous**, as Native knowledge that is an "exercise in self-determination" (Doxtator, 2004), referring to values, beliefs, traditions, and environmental relationships that are deeply embedded within the economic, political and cultural-social contexts in which they have been developed (Ball & Simpkins, 2004; Briggs, 2005). **Indigenous methodologies** are "those approaches to research that privilege indigenous knowledges, voices, and experiences" (Smith 2005). **Critical methodologies**, grounded in Paulo Freire's philosophy and critical cultural studies, are approaches to inquiry that are socially-constructed, emancipatory and empowering, and seek social justice (Freire, 1970).

#### **STRUCTURE OF INSTITUTE:**

Our goal is to weave CBPR/CEnR theory and practice with indigenous and critical methodologies through articles, presentations by community-academic partners, discussion, and self-reflection on our own research. Participants will gain appreciation for CBPR/CEnR advantages & challenges, and skills necessary for participating effectively in partnered research and public health practice.

#### **READINGS:**

1) Wallerstein, N., Duran, B., Oetzel, J., Minkler, M. (eds). Community Based Participatory Research for Health: Advancing Social and Health Equity, 3<sup>rd</sup> edition, S.F. Jossey-Bass, **2018** (*NOT* earlier versions); and 2) Reading Packet.

#### Previous Participants:

I learned: ..."trust is built slowly through self-reflexivity, shared experience & action."

... "how to get started and build partnerships."

...the "importance of applying the CBPR principles when working with communities"

... "how interventions can be conducted in a CBPR setting."

...that "The panel session on researcher identity was very intriguing and caused me to reflect on my roles with doing research & community engagement work."

...that "I gained confidence to participate in CBPR."