

PH 556: 2025 UNM SUMMER INSTITUTE IN COMMUNITY BASED PARTICIPATORY RESEARCH (CBPR) FOR HEALTH

COMMUNITY BASED PARTICIPATORY ACTION AND RESEARCH: INDIGENOUS, DECOLONIZING AND CRITICAL METHODOLOGIES

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Co-Sponsors: UNM Center for Participatory Research, COPH; Center for Native American Health; Community Engagement Core CTSC; Center for Advancing Dissemination and Implementation Science; Center for Social Policy; HSC Offices of Diversity & Community Health.

2025 SUMMER DATES (16TH ANNUAL INSTITUTE)

May 29th: 1:00 - 6:00 pm MST: Introductions/First Module (by zoom)

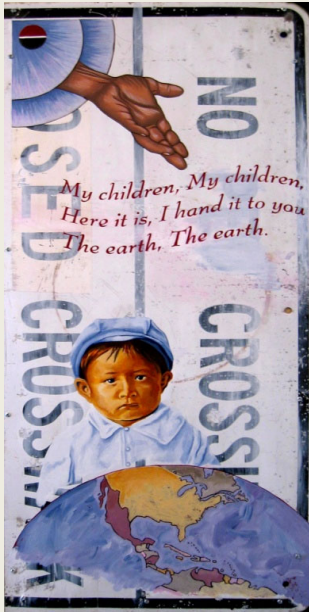
June 2-6th: In-Person. June 2nd 1-6 pm; June 2nd -5th 8-5 pm; June 6th 8:30 am-4:00 pm

(Image Credit: "God Gives the World to Arapahoe Children" by America Meredith [http://www.ahalenia.com/america/]. Image reproduced by permission of the artist.)

PH 556: 2 or 3 graduate credits. Official UNM registration opens in March but places fill up by early February. **Please register soon.**



COLLEGE OF
POPULATION HEALTH



INVITATION TO PARTICIPATE:

For graduate students, post-doctoral fellows, faculty, researchers, community partners/researchers, academic-community teams, health professionals, scholar-activists, and others. This is an intensive co-learning institute to explore how CBPR intersects with indigenous and critical methodologies, including the challenges for academics and community members to co-construct knowledge for improved health equity. Masters students enrolled for 2 credits are expected to participate in readings, discussions, and journal-writing; for 3 doctoral credits, requirements include a CBPR methodology or theory paper. Enrollment is limited to 70 participants. For credit, UNM tuition (or tuition waivers) plus \$50.00 fees. If not enrolled for credit: \$1200 for faculty/researchers; \$750 for research staff or health/social service professionals; \$600 for non-credit students/fellows; \$300 for community members.

CBPR, and related-Participatory Action Research (PAR) & Community-Engaged Research (CEnR), is defined as a "collaborative approach that equitably involves all partners...with the aim of combining knowledge and action for social change to improve health and eliminate health disparities" (Kelllogg Foundation). Not simply a set of research methods, CBPR or community-engaged research fundamentally changes the relationship between researchers and researched.

Our definition of **Indigenous** is Native knowledge, an "exercise in self-determination" (Doxtator, 2004), referring to values, beliefs, traditions, and environmental relationships that are deeply embedded within the economic, political and cultural-social contexts in which they have been developed (Ball & Simpkins, 2004; Briggs, 2005). **Indigenous methodologies** are "those approaches to research that privilege indigenous knowledges, voices, and experiences" (Smith 2005). **Critical methodologies**, grounded in Paulo Freire's liberatory education, are approaches to inquiry that are socially-constructed, emancipatory and empowering (Freire, 1970). **Decolonizing methodologies** seek to break domination of western research methodologies to broaden co-construction of science by incorporating local traditions, narratives, and knowledge (Tuwihai-Smith, 2021).

STRUCTURE OF INSTITUTE:

Our goal is to weave CBPR/CEnR/PAR theory and practice with indigenous and critical methodologies through articles, presentations by community-academic partners, discussion, and self-reflection on our own research and practice. Participants will gain appreciation for CBPR/CEnR/PAR advantages & challenges, and skills necessary for partnered research.

Readings: Wallerstein, N., Duran, B., Oetzel, J., Minkler, M. (eds). Community Based Participatory Research for Health: Advancing Social and Health Equity, 3rd edition, S.F. Jossey-Bass, 2018 (**NOT earlier versions**); and 2) articles on-line.

Previous Participants:

I learned:

... "trust is built slowly through self-reflexivity, shared experience & action."

... "how to get started and build partnerships."

... the "importance of applying the CBPR principles when working with communities"

... "how interventions can be conducted in a CBPR setting."

... that "The panel session on researcher identity was very intriguing and caused me to reflect on my roles with doing research & community engagement work."

... that "I gained confidence to participate in CBPR."