

What is Population Health?

Population health is a systems-based approach to improving health outcomes that joins strategies from public health, wellness promotion, chronic disease prevention and management, and complex care into a cohesive discipline. It examines the social, economic, political, environmental, and cultural factors that affect the health of a population – the social determinants of health – and analyzes the effectiveness of social and community interventions, health policy, and evidence-based health care delivery models.

Our nation needs new approaches to improve the health of our communities. Population health strategies foster collaboration with diverse sectors, including education, social welfare, housing, transportation, environmental protection, and economic development.

The College of Population Health (COPH), one of only five institutions of its kind in the U.S., serves New Mexico's communities, government and non-profit agencies, businesses, and health-related organizations.

Our graduates will bring to the workplace a unique interdisciplinary perspective and skills to address the complex relationships that affect health outcomes.

The College is dedicated to advancing population health education and research to promote positive health outcomes and improve patient care.

The College cultivates partnerships between the University of New Mexico and the community to improve the health of New Mexicans.

The College is guided by the principles of diversity, health equity, social justice, creating a culture of excellence, and earning the trust of our communities.



COLLEGE OF POPULATION HEALTH

Master of Public Health

New Mexico needs a workforce with the core knowledge and flexibility to adapt to a rapidly changing landscape in public health, wellness, disease prevention, and healthcare delivery.

COPH graduates will be prepared to meet these challenges. They will play a key role in ensuring our nation's health and well-being, enabling people to lead happier, healthier, and more productive lives.

coph.unm.edu
cophadvising@unm.edu



TRANSFORM LIVES. CHANGE THE WORLD.

Continue your education in our public health program

Master of Public Health (MPH)

The UNM Master of Public Health (MPH) contains 42 credit hours. It promotes critical thinking skills that draw from social science, biomedical science, and clinical disciplines. As an MPH Student, you can focus on issues that interest you in one of four concentrations:

- Community Health - Promote social justice and health equality in your community and globally.
- Epidemiology - Solve public health crises by expanding your skills in statistics and disease prevention.
- Health Systems, Services and Policy - Lead and advocate in health organizations, government agencies and policy arenas.
- Public Health Clinician - Work as a public health clinician in a healthcare delivery system or local, state, tribal, national or global organizations addressing population health issues.

UNM is a leader in graduate and community-based public health education. Our students and alums are social justice champions. We are dedicated to diversity, inclusion, and unwavering commitment to improving the health of New Mexicans and people worldwide.



The Master of Public Health Program is accredited by the Council on Education for Public Health (CEPH), an independent agency recognized by the US Department of Education.

Dual Degree Program or Minor in Public Health

If you are interested in more than one degree program or are already enrolled in a master's or doctoral program at UNM, speak with an advisor about opportunities for a dual degree or a minor in public health.

Combining interested gives you options:

- Master of Public Health (MPH)/
Master of Arts in Latin American Studies (MALAS)
- Master of Public Health (MPH)/
Doctor of Medicine (MD)
- Master of Public Health (MPH)
and an individual degree program you create
- or compliment your graduate degree with
a minor in public health

Is Population Health for YOU?

- Do you value diversity, self-reflection and critical analysis?
- Do you have a passion for affecting change in your community?
- Do you desire to improve health equity, making healthcare fair and accessible to all?
- Are you interested in improving health outcomes to promote the public's health?

If you are contemplating which program is right for you, talk with an advisor about your interests. You will receive guidance for a degree plan that best fits your career goals.

Scan this QR code to submit a request for information, or email cophadvising@unm.edu to set up an appointment.

