

The Inclusive Student Resource Guide

2024 - 2025



Welcome to our Inclusive Student Resource Guide!

At UNM College of Population Health, we believe diversity, equity, inclusion, and accessibility (DEIA) are essential to academic excellence and healthier communities. Our commitment to DEIA means fostering a learning environment where every student feels welcome, valued, and empowered to thrive.

This guide was created specifically for population health students, recognizing that each journey into the field is unique. Building on the UNM Health Sciences Center Pre-Health Resource Guide, it offers expanded support, including additional academic support services, resources for student parents, survivor advocacy resources, student organizations in population health, and campus resource centers.

We invite you to explore these resources, engage in conversations that broaden your perspective, and help shape a university culture rooted in inclusive excellence. Your voice, experiences, and identity strengthen the mission of population health and enrich our community.

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ICON KEY

These icons can help to help guide you towards resources that meet your needs.



**Resource
Center**



**Academic
Support**



**Student Parent
Support**



**Survivor
Advocacy**



**Financial
Aid/Scholarships**



Healthcare

RESOURCE CENTERS

Accessibility Resource Center (ARC)

Website: arc.unm.edu

Instagram: @unm_arc

About: ARC handles accommodations for all students with documented disabilities. They work with students to get the support they need to succeed across many aspects of student life, including classrooms, testing, and housing.



African American Student Services (AASS)

Website: afro.unm.edu

Instagram: @unmafro

About: Resource center for African American students to provide a culturally supportive transition and experience of Black students at UNM. Afro aides in excellence, culture, research, and innovation.



Services:

- Academic Advising
- Advocacy
- Employment Opportunities
- Research Opportunities
- Tutoring
- Scholarships
- Work Study Positions
- Black Student Organizations
- Student Mentorship
- Computer Lab



RESOURCE CENTERS

American Indian Student Services (AISS)

Website: aiss.unm.edu

Instagram: @aissunm

About: A student service center that provides advising, outreach, scholarship assistance, and other support for American Indian/Alaska Native students at UNM. Their services are accessible to students regardless of tribal affiliation.



Asian American Pacific Islander Resource Center (AAPIRC)

Website: aapirc.unm.edu

Instagram: @aapircunm

About: A service center established to provide culturally relevant programs that cultivate Asian American and Pacific Islander leaders within communities. Inclusive of all AAPI-identified students including those who are multicultural/mixed race, adopted, and part of the widespread diaspora.



Services:

- Advisement
- Wellness Activities
- Asian American Studies Program
- API Student Organizations
- AAPI Student
- Scholarships
- The Visibility Blog
- Study Space
- Research Programs
- Educational Opportunities



RESOURCE CENTERS

Associated Students of the University of New Mexico (ASUNM)

Website: asunm.unm.edu

Instagram: @asunmlobos

About: Undergraduate student government serving the student body to provide student created & led events, opportunities, and initiatives. Includes executive, judicial, and legislative branches with director, senator, and student court positions.



Center for Native American Health (CNAH)

Website: hsc.unm.edu/cnah/

Instagram: @unm.cnah

About: The UNM HSC Center for Native American Health specializes in student and workforce development, community engagement, community-based participatory research (CBPR), community health assessment capacity building, program planning, and project management.



Services:

- Student Spaces
- Free Snacks
- CNAH Sponsored Events
- Medical Study Materials

RESOURCE CENTERS

College Assistance Migrant Program (CAMP)

Website: unmcamp.unm.edu

Instagram: @unmcamp

About: A federally funded program for students with migrant/seasonal farm worker backgrounds. Provides scholarships, mentoring, academic support, and fun social events for CAMP students. This program requires an application and documentation of migrant farmworker status.



Services:

- Specialized Tutoring
- Peer Mentoring
- Integrated Academic Advisement
- Life-skill Workshops
- Networking & Career Fairs



College Enrichment Program (CEP)

Website: cep.unm.edu

Instagram: @unmcep

About: The College Enrichment Program provides support for first-gen, low income, and rural students. They offer scholarships, academic support, advisement, and cohort programs to help students achieve academic success. Unlike CAMP, CEP is open to all students without an application.



Services:

- Academic Support
- Financial Aid Advisement
- Scholar Cohort Programs
- Pathways to UNM
- Scholarships
- New Student Orientation



RESOURCE CENTERS

El Centro De La Raza (El Centro)

Website: elcentro.unm.edu

Instagram: @elcentrounm

About: A student service center that provides support for Hispanic and Latino students through robust programs for academics, community, and culture.



Services:

- Integrated Advisement
- Scholarships
- Raza Graduation
- Cultural Events (with good food!)
- Academic Programs
- Mental Health Collaborative



LGBTQ Resource Center (LGBTQRC)

Website: lgbtqrc.unm.edu

Instagram: @unm_lgbtqrc

About: UNM's LGBTQ Resource Center provides resources to all UNM students, staff, and faculty especially focused on equality, community, and LGBTQ issues. They are one of the few confidential advocacy sites on campus. A notable sub-organization is Juniper Reimagined, a queer and trans student alliance at UNM. They host study nights and activism events and can be a great opportunity to meet fellow LGBTQ+ students.



Services:

- Counseling
- Educational Programming
- HIV Testing
- Safer Sex Resources
- Lounge Area
- Social Events



RESOURCE CENTERS

Veteran & Military Resource Center (VMRC)

Website: vrc.unm.edu

Instagram: @unmvrc

About: The VMRC provides support to military-affiliated students at UNM. They have a VA Vet Success Counselor on staff in addition to other support staff who are experienced in navigating veteran benefits and the challenges of transitioning from military to civilian life.



Services:

- Peer Mentoring
- VA Benefit Support
- Career Counseling
- GI Bill Certification
- Academic Counseling
- Scholarships



Women's Resource Center (WRC)

Website: women.unm.edu

Instagram: @unm_wrc

About: The Women's Resource Center provides support for students of all gender identities across campus, with a special focus on issues that disproportionately affect women. They are one of the few locations on UNM campus that provide confidential advocacy services. They also offer support groups, scholarships, communal spaces, and many other invaluable services.



Services:

- Free Counseling Services & Confidential Advocacy
- Book & Video Library
- Universal Restroom
- Free Menstrual Products
- Study Room Reservations
- IMPACT: Leadership & Mentorship Program
- Free Barrier Necessities
- Interactive Workshops
- Breastfeeding Support Program
- Eating Disorder Support Group



HEALTH SERVICES

Student Health and Counseling (SHAC)

Website: shac.unm.edu

Instagram: @unm_shac

Phone: (505) 277-3136

After Hours: (505) 277-3136 - option #2 for medical, #3 for counseling

About: UNM's Student Health and Counseling Center is an affordable clinic paid for by student fees. They offer low-cost appointments and are open to walk-ins. SHAC can help with everything from a cut to mental health diagnoses. SHAC has recently expanded its counseling branch, adding new mental health support professionals with a variety of backgrounds, focuses, and experiences.



Services:

- Acupuncture (\$60 per visit)
- Allergy Treatment (including injections)
- Gender-affirming Care (HRT & counseling)
- Immunization
- In-house Laboratory Testing
- Mental Health Services (counselors, social workers, psychologists, and psychiatrists on staff)
- Pharmacy with Discounted Prices
- Physical Therapy
- Sexual & Reproductive Health
- FREE STI Screening
- Travel Health Consultations
- Workshops on Various Health Topics
- X-Ray Service

UNM students also receive free access to TimelyCare, a virtual health and well-being platform that is available 24/7/365. TimelyCare provides on-demand support for common medical issues and emotional distress. They also provide scheduled medical and counseling appointments and guided self-care content to help improve your day-to-day health.



SHAC



TimelyCare

HEALTH SERVICES

Agora Crisis Center

Website: mentalhealth.unm.edu/resources/agora-crisis-center.html

Instagram: @agoracrisiscenter

About: Agora Crisis Center is a hotline staffed by trained volunteers ready to provide a listening ear whenever you need one. They provide immediate emotional support and can connect you with resources and referrals to help solve your problems and find the care you need.



Manzanita Counseling Center

Website: coehs.unm.edu/departments-programs/ifce/counselor-education/manzanita-counseling-center.html

Phone: (505) 277-7311

Email: manzanita@unm.edu

About: Manzanita Counseling Center offers free counseling services provided by graduate students in the Counselor Education program. Counseling is available for individual, couple/family, and group once a week for up to 16 weeks, during the academic semester.



FINANCIAL AID

Center for Financial Capability (CFC)

Website: cfc.unm.edu

Instagram: @unmcfc

About: The Center for Financial Capability is a branch of the Dean of Student's office dedicated to providing financial guidance and support to UNM students. They host workshops several times a semester with free food and the opportunity to win a \$100 scholarship for each workshop attended.



Services:

- 1-on-1 Financial Consultation
- Tax Assistance
- Budget Planning
- Group Finance Workshops
- Peer Coaching
- Financial Literacy Support
- Investing & Planning Information
- Moving Off Campus Planning
- Building & Managing Credit Sessions

HRC Scholarship Database

Website: hrc.org/resources/scholarships

About: The Human Rights Campaign maintains a database of scholarships for LGBTQ+ and allies. The database has a wide variety of scholarships listed and is actively updated with new scholarships submitted by the community.



Sabrina Single Parents Scholarship

Website: women.unm.edu/services/sabrina-scholarship.html

About: This is a UNM scholarship for single parents with demonstrated financial need which awards multiple students with \$500 each spring semester.

STUDENT PARENT SUPPORT

University of New Mexico Children's Campus (UNMCC)



Website: childcare.unm.edu

Email: unmccenrollment@unm.edu (enrollment and waitlist inquiries)

Email: weecare@unm.edu (general inquiries)

About: UNM's Children's Campus offers reduced cost childcare for UNM students, staff, and faculty. They have programs for children aged 6 weeks old up to 12 years old. This resource is highly in-demand, so it is recommended to join the waitlist as soon as possible.



Lactation Stations Around Campus



Website: <https://women.unm.edu/services/lactation-stations.html#:~:text=The%20Chest%2FBreastfeeding%20Support%20Program,chest%2Fbreastfeeding%20parents%20on%20campus.>

About: The WRC provides this page dedicated to information on breastfeeding at UNM. This resource provides information on lactation stations across campus as well as the rights of breastfeeding mothers in New Mexico.



NM Breastfeeding Legislation

N.M. Stat. Ann. § 28-20-1 (1999) permits a mother to breastfeed her child in any public or private location where she is otherwise authorized to be. (SB 545)

N.M. Chapter No. 2007-18 (2007) Requires employers to provide a clean, private place (not a bathroom) for employees who are breastfeeding to pump. Also requires that the employee be given breaks to express milk, but does not require that she be paid for this time. (HB 613)

SURVIVOR ADVOCACY

A Survivor's Guide to Rights & Options at UNM

Website: [A Survivor's Guide to Rights & Options](#)

About: UNM's official resource for any student or employee who experienced an incident of sexual assault, domestic violence, dating violence, or stalking to the University, regardless of where the incident occurred. It contains valuable information about the first steps to take immediately following an incident, how to obtain a restraining order or no contact directive, reporting options, an overview of how UNM responds after receiving a report, and other resources.



Office of Compliance, Ethics, & Equal Opportunity (CEEEO)

Website: ceeo.unm.edu

Instagram: @unmceeo

About: CEEEO supports University compliance initiatives aligned with its core values. They address claims of discrimination and sexual harassment, providing guidance to leaders and departments, facilitating workplace accommodations, collect and report compliance and safety data, and serve as a resource to the UNM and broader communities



Services:

- Title XI Claims
- Resolving Workplace Issues
- Ensure Equal Opportunity for ALL Students



SURVIVOR ADVOCACY

LoboRespect Advocacy Center

Website: loborespect.unm.edu

Instagram: @unmloborespect

About: The LoboRespect Advocacy Center helps advocate for students in challenging situations. They work with Title XI violations, short term disability, basic needs, and other challenges that students face.



Services:

- Lobo Food Pantry
- Confidential Reporting
- Survivor Advocacy
- Tuition Refund Appeals
- Short Term Disability Accommodations



Dean of Students' Office

Website: dos.unm.edu

Instagram: @unm_dos

About: The Dean of Students' Office is dedicated to student success across campus. They handle high-level conflicts between students, emergency financial and emotional support, and resources to help students and parents transition to college life.



Services:

- Short-Term Loans (up to \$800)
- Support from Social Work Interns
- CARE Report Well-being Checks
- Conflict Resolution, Including No-contact Directives
- Parent & Family Association



ACADEMIC SUPPORT

Center for Teaching & Learning (CTL)

Website: ctl.unm.edu

Instagram: @learning_ctl

Location: Zimmerman Library - Third Floor

About: Peer tutoring for students, by students! CTL tutors provide support for writing, chemistry, biology, mathematics, statistics, languages, study skills, and more. There are options for in-person and online tutoring in many subjects.



Services:

- Arabic
- ASL
- Astronomy
- Biochem
- Biology
- Chemistry
- Chinese
- Economics
- ESL
- French
- German
- Japanese
- Linguistics
- Math
- Navajo
- Physics
- Portuguese
- Psychology
- Russian
- Spanish
- Statistics
- Study Skills
- Writing

UNM Deaf and Hard of Hearing Services (DHHS)

Website: arc.unm.edu/accommodations/dhhs.html

Handbook: arc.unm.edu/assets/documents/unm-dhhs-student-handbook.pdf

About: UNM provides services for Deaf/Hard-of-Hearing students through ARC. These services are available for regularly scheduled classes and other UNM events, such as appointments with professors, field trips, and campus activities. Students must register with ARC to coordinate these accommodations.



Services:

- Sign Language Interpreting
- Real-Time Captioning (CART)
- Note-Taking
- Assistive Listening Devices/FM Systems

ACADEMIC SUPPORT

Learning Environment Office (LEO)

Website: hsc.unm.edu/medicine/education/leo/about/ Email: hsc-leo@salud.unm.edu

Location: Reginald Heber Fitz Hall - Room 106

About: LEO works to address and prevent mistreatment in the UNM School of Medicine. They also engage in culture change work across the SOM.



STUDENT ORGANIZATIONS

Population Health Undergraduate Network (PHUN)

Website: hsc.unm.edu/population-health/student-success/student-org/bsph-student-org.html

About: The Population Health Undergraduate Network (PHUN) is an undergraduate student organization at the College of Population Health dedicated to enriching the undergraduate experience and preparing students for careers in population health. Through advocacy, community engagement, speaker events, and volunteer opportunities, PHUN empowers students to champion health equity and build connections that shape the future of public health.



Public Health Student Association (PHSA)

Website: <https://hsc.unm.edu/population-health/student-success/student-org/mph-student-org.html>

About: The Public Health Student Association (PHSA) is a graduate student organization at the College of Population Health dedicated to fostering interest in public health, supporting students, and promoting academic and professional networking. Through advocacy, community service, and fundraising for conferences and initiatives, PHSA enhances the student experience while encouraging dialogue, collaboration, and social responsibility in public health.

