

## Your Rights Regarding Your Health Information

### Right to Inspect and Copy

You have the right to see and receive a copy, including an electronic copy if available, of the health information we have about you. To inspect and request a copy your health information at a single NMDOH location, you may contact that location and ask for help from that location's Local Privacy Officer or medical records personnel. If you want to see your health information and it is in more than one NMDOH location, or if you are unsure of the location, you must write to the NMDOH Chief Privacy Officer.

If you want paper copies, we may charge you for the costs of copying and mailing the information to you. If you ask for a copy of the information in electronic format, we may charge you for the cost of staff time to respond to your request. If you agree to a summary or an explanation instead of copies, we may charge you a fee for preparing the summary or explanation that you have agreed to in advance, and the cost of mailing it if not sent by electronic mail. We may deny your request in special circumstances. If we deny your request to see your health information you may ask us why and ask for a review of our decision. A licensed health care professional chosen by us will review your request and the denial. The person who reviews the denial will not be the same person who originally denied your request. We will do whatever the reviewer recommends.

### Right to Request a Correction

If you feel that health information we have about you is not right or is incomplete, you may ask us to correct it. You have the right to ask for a change for as long as the information is kept by or for NMDOH. To ask for a correction, you must write to the NMDOH Chief Privacy Officer. You must give us a reason that supports your request. We may deny your request for a correction if it is not in writing or does not include a reason to support the request. We may also deny your request if you ask us to change information that:

- Was not created by us, unless the person or entity that created the information is no longer available to make the corrections;
- Is not part of the health information kept by or for us; and
- Is correct and complete.

### Right to an Accounting of Certain Disclosures

NMDOH keeps track of certain disclosures of your health information. You may request an accounting of those

disclosures by writing to the NMDOH Chief Privacy Officer. Your request must state a time period, which may not be longer than six years, and may not include disclosures made before April 14, 2003. Tell us how you want the accounting (for example, on paper or by email). We will give you one accounting a year for free. We may charge you for the accounting if you make more than one request in a 12-month period. You can decide to take back your request if you decide the charge is more than you want to pay.

### Right to Notice of Unauthorized Access, Use or Disclosure of Health Information

You have the right to be notified by us if we ever learn that the confidentiality of your information has been breached. We will promptly notify you upon learning of this violation of confidentiality and provide you with information about what happened, the type of information involved, steps you can take to protect yourself from potential harm, what we are doing to investigate the matter and protect against further releases, and contact information for you if you have questions or want additional information.

### Right to Request Restrictions on Use or Disclosure of Health Information

You have the right to request that we limit the health information we share about you. This could include information that you do not want shared with family members who are involved in your care. For example, you could ask us not to disclose information about a treatment or prescription you received. We must agree with your request if the restriction is about information disclosed to a health plan to receive payment or for health care operations (but not treatment) and about a health care item or service that the health care provider has been paid out-of-pocket in full. We do not have to agree to other requests. If we do agree, we will do what you ask us to do unless the information is needed to provide you emergency treatment.

To ask for limits or restrictions on your health information from a NMDOH location where you are currently receiving treatment, request assistance from that NMDOH location's Local Privacy Officer. If you ask for limits or restrictions on your health information that is at more than one NMDOH location, or if you are unsure, you must write to the NMDOH Chief Privacy Officer telling us:

- What information you want to limit;
- Whether you want to limit our use, disclosure or both;
- Who you want the limits to apply to (for example, disclosures to your spouse).

If you have requested a restriction to limit the health information we use or share, and we have agreed to that restriction, you also may withdraw that restriction by writing to the NMDOH Chief Privacy Officer.

**Right to Request Confidential Communications** You have the right to ask that we communicate with you about your health information other than by mailing that health information to you, or to ask that we send communications to you about your health information to the address you request. We will grant your request if possible.

### Right to a Paper Copy of This Notice

You have the right to a paper copy of this notice at any time by asking for one at any NMDOH office or treatment location. You also may get a copy of this notice at our website, [www.nmhealth.org](http://www.nmhealth.org).

### Complaints

If you believe your privacy rights have been violated, you may complain to the NMDOH Chief Privacy Officer, or you may file a complaint with the Office of Civil Rights, Region VI. Should you ever file a complaint, it will not be held against you or any member of your family.

### Additional Information

If you have questions regarding this notice or for further information, write to the NMDOH Chief Privacy Officer.

To contact the chief privacy officer, write or call:

**CHIEF PRIVACY OFFICER  
OFFICE OF THE SECRETARY  
NM DEPARTMENT OF HEALTH  
PO Box 26110  
SANTA FE, NM 87502  
505-827-2613**

### Information About This Notice

We may change this notice at any time. We may make the revised or changed notice effective for health information we already have about you as well as any information we receive in the future. We will display a copy of the current notice in our treatment sites. The notice will show the effective date on the first page. Each time you come to a NMDOH facility for treatment or health care services, you may ask for a copy of our current Notice of Privacy Practices. If we change our notice, we will provide the revised notice to you. The revised notice will be available in all of our treatment locations and on our website, [www.nmhealth.org](http://www.nmhealth.org).



## Revised NMDOH Privacy Policy

Effective September 2017

*The New Mexico Department of Health is required by law to keep your health information private and to tell you our legal duties and privacy practices.*

### What kinds of information do we collect?

We may collect some or all of the following information about you: your name, address, birth date, some financial information and information about your health. We may also ask you for your medical history, medications you may be taking and any health problems you may have.

### What do we do with this information?

We use information about you to help in your treatment. The people taking care of you may discuss your information with others who are also involved in your health care. We may also share some of your information to receive payment or to help us in providing quality health care.

### Who else can see your information?

We can release information about you if it is necessary to prevent or control the spread of a disease. We may have to give information to the police or to the courts if we are ordered to do so.

### What are your rights?

You have the right to see your health information and to receive a copy. We may charge you for making copies. If you think there are mistakes in your information, you can ask us to make corrections. You have the right to know who we have shared your information with and why. You can ask us NOT to share certain parts of your health information. You also have the right to be notified by us if we ever learn of an unauthorized access, use or disclosure of your information.

### What do you do if you have a complaint?

If you think your privacy rights have not been respected, you can complain to the **NM Department of Health Chief Privacy Officer, PO Box 26110, Santa Fe, NM 87502** or you can file a complaint with the **Office of Civil Rights, Region VI, Department of Health and Human Services, 1301 Young Street, Suite 1169, Dallas, Texas 75202**. Should you ever file a complaint, it will not be held against you or any member of your family.

More detailed information about your privacy rights is enclosed in this brochure.



## Revised Notice of Privacy Practices

*This notice describes how medical information about you may be used and disclosed and how you can access it. Please review carefully.*

### How the New Mexico Department of Health May Use or Disclose Your Health Information

#### Treatment

The people who provide health care services to you will use information about you to determine how best to care for you. We may share health information about you to provide the services you may need such as physical examinations, nutritional services, medications and prescriptions or hospitalization. We also may disclose health information about you to people outside the New Mexico Department of Health (NMDOH) who may be involved in your medical care such as family members, physicians or others who provide part of your care.

#### Payment

NMDOH may share information about you with your health plan or insurance company to receive payment for our services. For example, we may need to give information about a clinical exam or immunizations you received (or your child received) to your health plan, so it will pay us or pay you back for the treatment or services we provided. We may also tell your health plan about a treatment you are going to receive, so they can agree to pay for it.

#### Health Care Operations

We may use your health information to review our treatment and services and to evaluate the performance of our staff in caring for you. We may combine health information about many patients to decide whether additional services should be offered, what services are not needed and whether certain new treatments and services are effective. We may share information with doctors, nurses, technicians, medical interns and other NMDOH staff for learning purposes. We may com-

pare your health information with health information from other care providers to see where we can make improvements in the care and services we offer. Sometimes we will remove your name from information, so others may use it and other patients' information to study our health care services.

#### Appointment Reminders and Information

We may call or write to you to remind you that you have an appointment for treatment or medical care. We may tell you about health-related benefits or services that may be of interest to you.

#### Facility Directory

We may include some information about you in a patient directory for a NMDOH facility while you are a patient at the facility. This may include your name, location in the facility or hospital. The directory information about you may also be given to visitors who ask for you by name. You have a right to limit your inclusion in this directory.

#### Individuals Involved in Your Care or Payment for Your Care

We may give information about you to a friend or family member who is involved in your medical care. We may also give information to someone who helps pay for your care. If you are receiving treatment and services in a NMDOH facility, we may also tell your family or friends involved in your care about your condition.

#### Veterans and Specialized Government Functions

If you were a member of the US Armed Forces, we may release health information about you as required by the Veterans' Administration. We also may release information about you for specialized functions, such as security and military activities.

#### As Required by Law

We will share health information about you when required to do so by federal, state or local law.

#### Public Health Risks

We will share health information about you for public health reasons as required by federal or state law:

- To prevent or control disease, injury or disability;
- To report child abuse or neglect;
- To report reactions to medications or other problems with products;
- To notify people of recalls on products they may be using;
- To notify a person who may have been exposed to a disease or may be at risk for catching or spreading a disease or condition;
- To notify the appropriate government authority if we believe a patient or client has been the victim of abuse, neglect or domestic violence;
- To prevent a serious threat to health or safety.

#### Health Oversight Activities

We may share health information for accreditations, audits, investigations, inspections, and licensure. This is necessary for the government to monitor the health care system, government programs and laws.

#### Lawsuits and Other Disputes

If you are involved in a lawsuit or other legal dispute, NMDOH may share health information about you in response to a court or administrative order. We may also share health information about you in response to a subpoena or other lawful process by someone else involved in the dispute. We will only do so if you have been told about the request and you have had the chance to object to the release of the information or to get an order protecting the information requested.

#### Law Enforcement

We may share information about you if a law enforcement official asks us to, and federal and state laws and regulations allow us to:

- In response to a court order, subpoena, warrant, summons or similar process;

- To identify or locate a suspect, fugitive, material witness or missing person;
- About the victim of a crime if, under certain limited circumstances, we are unable to obtain the person's agreement;
- About a death we believe may be the result of criminal conduct;
- About criminal conduct at a NMDOH location;
- In emergency circumstances to report a crime, the location of the crime or victims, or the identity, description or location of the person who committed the crime; and
- About a death we believe may be the result of criminal conduct, the location of the crime or victims, or the identity, description or location of the person who committed the crime.

#### Medical Investigators, Coroners and Funeral Directors

We may give health information to the medical investigator or authorized coroner. For example, this information may be necessary to identify a deceased person or to determine the cause of death. We may release protected health information to funeral directors as necessary for them to carry out their duties.

#### Inmates

If you are an inmate of a correctional institution, or under the custody of a law enforcement official, we may release health information about you to the correctional institution or law enforcement official. This may be necessary for the institution to provide you with health services, to protect your health or safety or the health and safety of others, or for the safety and security of the correctional institution.

#### Other Uses of Health Information

We will not use or share health information about you for any other reason without your written permission. You understand that we cannot take back any disclosures we have already made with your permission, and that we are required to keep our records of the care that we provided to you.