



**Arielle Bauers CNM, PMHNP: MAT-POD Co-investigator and MDMA therapist** is a community practitioner with dual board certification as a Nurse Midwife and Psychiatric Mental Health Nurse Practitioner.

“I own, direct and practice at Jewel Box Psychiatry in Albuquerque, NM. I am a specialist midwife with expertise in the clinical care of patients with perinatal substance use disorders, and a specialist psychiatric clinician with expertise in perinatal psychiatry, addiction, parenting and complex trauma therapy. My professional work has revolved around the care of pregnant and parenting people with substance use disorders for the past seven years, and has included pre-pregnancy counseling, outpatient pregnancy care, suboxone and methadone starts, inpatient labor support and attendance, postpartum care, breastfeeding support, parenting support, psychiatric care, and psychotherapy. I have also provided neonatal care, including observation and treatment of newborns with opioid exposure using a rooming-in model that supports parental agency and infant mental health. Working with families who are navigating intergenerational trauma, drug use and recovery is my favorite work. I volunteer my time to provide academic and community training in trauma informed care and clinical care of patients with perinatal substance use disorders. In 2017 my advocacy and collaborative work with NM Representatives prompted the expansion of Suboxone prescribing privileges to Certified Nurse Midwives on a national basis. I have completed ketamine-assisted therapy training through PRATI and utilize this therapeutic modality in my current practice. I completed the MAPS MDMA-assisted therapy training, and I am so hopeful and excited to offer this treatment to future patients. I am committed to trauma-informed, person-centered care for all people who are navigating recovery, healing, pregnancy, and parenting”