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Department of Anesthesiology and
Critical Care Medicine
MSC10-6000
1 University of New Mexico
Albuquerque, New Mexico 87131

University of New Mexico 9th Annual National Regional Anesthesia
and Perioperative Ultrasound Conference
October 5 - 6, 2019
UNM Cancer Center
1201 Camino de Salud
Albuquerque, NM



SCHOOL OF MEDICINE
DEPARTMENT OF ANESTHESIOLOGY
& CRITICAL CARE MEDICINE

9th Annual National Regional Anesthesia and Perioperative Ultrasound Conference

**October 5 & 6, 2019
Albuquerque, NM**



Cadaver Lab

**Featuring
Cardiac & Perioperative
Ultrasound**

**The dates of this symposium coincide with the 48th
Annual Albuquerque International Balloon Fiesta,
October 5-13, 2019!**

BASIC SCHEDULE

Saturday October 5, 2019

- 0700 *Registration and Breakfast*
- 0730 **A Systematic Approach to UGRA of the Upper Extremity**
- 0815 **A Systematic Approach to UGRA of the Lower Extremity**
- 0900 **Complications of UGRA**
- 1000 *Break*
- 1015 **Hands-on Workshop on High Yield Blocks***
- 1215 *Lunch*
- 1300 **Hands-on Workshop on High Yield Blocks***
- 1500 *Break*
- 1515 **More Hands-on Workshops on High Yield Blocks****
- 1715 *Conclusion*

* Workshops include: interscalene, supraclavicular, femoral, popliteal blocks
** More Workshops include: interscalene, supraclavicular, femoral, popliteal, axillary, saphenous, adductor canal

ADVANCED SCHEDULE

Saturday October 5, 2019

- 0830 *Registration and Continental Breakfast*
- 0900 **Advanced Regional Anesthesia for Upper Extremity Surgery**
- 1000 **Advanced Regional Anesthesia for Lower Extremity Surgery**
- 1100 *Break*
- 1120 **Advanced Regional Anesthesia for Abdominal Surgery**
- 1220 *Lunch*
- 1315 **Hands-on Workshops***
- 1515 *Break*
- 1545 **Hands-on Workshops***
- 1645 *Conclusion*

* Workshops include: 6 stations that include: Upper Extremity - interscalene, C5, suprascapular, superficial cervical plexus, infraclavicular, axillary, individual nerves and Lower Extremity - OBT, LFC, SAPH, adductor canal, PENG, posterior/anterior sciatic, subgluteal, ESP, QL, and neuraxial blocks



PERIOPERATIVE ULTRASOUND SCHEDULE

Sunday October 6, 2019

- 0700 *Continental Breakfast*
- 0730 **Advanced Regional Anesthesia for Thoracic Surgery**
- 0830 **Rescue Cardiac Ultrasound**
- 0930 *Break*
- 0950 **Perioperative Non-Cardiac Ultrasound**
- 1100 **Hands-on Workshops***
- 1200 *Lunch*
- 1245 **Hands-on Workshops***
- 1700 *Conclusion*



*Workshops include: cadaver lab, PEC 1 & PEC 2, serratus anterior, paravertebrals (parasagittal, transverse), erector spinae, rescue cardiac ECHO simulation, cardiac ECHO, Perioperative Ultrasound lung, gastric, DVTs, FAST, and vascular access.

Basic Regional

Our basic program is ideal for anesthesiologists with little to no experience in ultrasound-guided regional anesthesia. Participants will receive hands-on training. Participants will leave this workshop knowing how to perform high yield upper and lower extremity blocks using ultrasound guidance and have the confidence to perform these blocks clinically. CME hours earned at this conference can be applied to ASA UGRA portfolio certificate.

Advanced Regional

Our advanced program is ideal for anesthesiologists with experience in ultrasound-guided regional anesthesia (UGRA) who are looking to expand their knowledge and skill. Our workshop empowers participants to be proficient in difficult blocks and to be able to perform UGRA on patients with challenging anatomy. CME hours earned at this conference can be applied to ASA UGRA portfolio certificate.

Perioperative Ultrasound

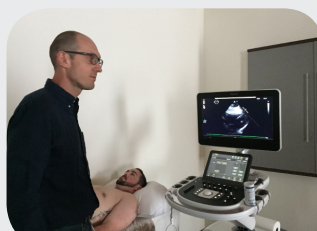
Our perioperative ultrasound program is designed for anesthesiologists who want to use ultrasound for emergency cardiac, pulmonary, airway, and gastric evaluation, vascular access, and FAST.

Basic Regional Includes:

- High yield upper and lower extremity blocks to cover the majority of extremity surgeries
- A systematic approach to using ultrasound, acquiring images, needling skills, and probe placement
- Complications of ultrasound-guided nerve blocks
- Low faculty-to-participants ratio working in small groups
- Image acquisition practice on live standardized patients
- One-on-one assessment of basic high yield blocks

Advanced Regional Includes:

- Advanced blocks for upper and lower extremities
- Advanced fascial plane blocks
- PEC1/PEC2/serratus anterior
- Paravertebral blocks
- Erector spinae block



Perioperative Ultrasound Includes:

- Rescue cardiac ultrasound
- Gastric ultrasound
- Ultrasound for pulmonary evaluation
- FAST
- Vascular access by ultrasound

Faculty

Mary Billstrand, MD
Director
Andrea Sandoval, MD
Assistant Director
Lev Deriy, MD
Perioperative Director
Chris Arndt, MD
Brooke Baker, MD
Nichole Bordegaray, MD
Francisco Buendia, MD
Ashleigh Dixon, MD
Hilary Ford, MD
Donald Luna, MD
Pramod Panikkath, MD
Josh Santos, MD
Eli Torgeson, MD
Firoz Vagh, MD
Tony Yen, MD

Cadaver Lab Faculty

Rebecca Hartley, PhD



CONFERENCE LOCATION

UNM Comprehensive Cancer Center
1201 Camino de Salud, Albuquerque, NM 87106

Cadaver Lab

Domenici Center for Health Sciences Education
North Campus — 1001 Stanford NE, Albuquerque NM 87131



ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the New Mexico Medical Society through the joint providership of Rehoboth McKinley Christian Health Care Services (RMCHCS) and UNM Department of Anesthesiology and Critical Care Medicine. RMCHCS is accredited by NMMS to provide continuing education for physicians. RMCHCS designates this activity for a maximum of 14.0 *AMA PRA Category 1 Credit(s)* for the Advanced course and 8.5 *AMA PRA Category 1 Credit(s)* for the Basic course Saturday only and 16.5 credits for Basic full course.

CANCELLATION POLICY

UNM Department of Anesthesiology will refund tuition, less a \$40 administrative fee, provided the cancellation is received in writing on or before **September 1, 2019**. No refunds will be issued after this date or for non-attendance. Conferences are subject to cancellation. In the event this conference is cancelled, UNM is not responsible for any airfare, hotel, or other costs incurred by participants.

Contact Information:

Cassandra Quiñones, Event Planner
Email: Cquinones@salud.unm.edu
Phone: 505-272-2610

Participants requiring special accommodations should contact us as early as possible. UNM is in compliance with the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990.

REGISTRATION INFORMATION

Register online at <http://goto.unm.edu/ugra>

Present your confirmation email at the registration desk upon arrival at the conference. If you do not receive a letter, please contact Cassandra Quiñones in the Department of Anesthesiology at 505-272-2610 to verify your attendance. All pre-registration requests must be accompanied by payment prior to confirmation. Make checks payable to UNM Department of Anesthesiology. Please mail to:

UNM Department of Anesthesiology

1 University of New Mexico MSC 10-6000, Albuquerque NM, 87131.

Early Registration

(postmarked after September 1)
Basic or Advanced.....\$1,250.00
Basic Saturday Only.....\$950.00

Late Registration

(postmarked after September 1)
Basic or Advanced.....\$1,350.00
Basic Saturday Only.....\$1,050.00

HOTEL ACCOMMODATIONS

Home 2 Suites: 1660 University Blvd. NE, Albuquerque NM 87102 - a convenient 15-minute walk, or two-minute drive, to UNM Cancer Center. Guests may book a King Studio Suite for \$246/night or Two Queen Studio for \$266/night. Book now by calling 505.242.0002, 505.244.6363, or by going to www.abq downtown.home2suites.com using Special Rate Code: RUN

Hotel Parq Central: 806 Central Ave SE, Albuquerque NM 87102 - 30-minute walk, or 8-minute drive, to UNM Cancer Center. Guests may book a Single King Guest Room for \$195/night. Book now by calling 505.242.0040 or email Noelle Wallace, Director of Sales, at nwallace@hotelparqcentral.com

ALBUQUERQUE INTERNATIONAL BALLOON FIESTA

The dates of this conference coincide with the 48th Annual Albuquerque International Balloon Fiesta, the world's most photographed event, taking place October 5-13, 2019. For more information about this event, visit www.balloonfiesta.com.



PLEASE NOTE: This event fills all area hotels. Hotel prices are guaranteed until 8/31/2019 while rooms are available.

Early registration is encouraged. Minimum and maximum numbers have been established for this conference.

Registration Form

**University of New Mexico 9th Annual National
Regional Anesthesia and Perioperative Ultrasound Conference
October 5-6, 2019
UNM Cancer Center, Albuquerque, New Mexico**

Name: _____ MD/DO/Other: _____

Street: _____

City: _____ State: _____ Zip: _____

Phone: _____ Fax: _____

Email: _____

Dietary Needs

Vegetarian
Gluten Free
Other: _____

Course Selection

Advanced
Basic
Basic Saturday Only

REGISTER ONLINE AT:
<http://goto.unm.edu/ugra>

Early Registration

(postmarked after September 1)
Basic or Advanced.....\$1,250.00
Basic Saturday Only.....\$950.00

Late Registration

(postmarked after September 1)
Basic or Advanced.....\$1,350.00
Basic Saturday Only.....\$1,050.00

Method of Payment:

Check (payable to UNM Anesthesiology)

Make check payable to UNM Department of Anesthesiology and mail it along with this form to: The University of New Mexico Department of Anesthesiology, 1 University of New Mexico MSC 10-6000, Albuquerque, New Mexico 87131. It is UNM policy to charge offerer \$15 plus normal merchant bank fees for each returned check.

HOW TO REGISTER

- Online at: <http://goto.unm.edu/ugra>
- Mail registration to: The University of New Mexico Department of Anesthesiology Attn: Cassandra Quiñones, 1 University of New Mexico MSC 10-6000, Albuquerque, New Mexico, 87131

Your registration will be confirmed by e-mail.