

IHS Division of Epidemiology and The South Central Foundation

Present

The 2019 Indian Health Basic and Refresher Colposcopy Course

February 27—March 1, 2019
Albuquerque Marriott Hotel Uptown
2101 Louisiana Blvd NE
Albuquerque, New Mexico 87110



The Indian Health Basic and Refresher Colposcopy Courses are designed to prepare the new colposcopist in the evaluation and treatment of cervical dysplasia and to provide a review and update for the experienced colposcopist. The program is targeted for IHS, Tribal, and Urban Indian Clinic providers. It's ideal for gynecologists and primary care providers who do colposcopy. The format includes lectures, interactive audience response session and small group slide review sessions.

Basic and Refresher Course Objectives

1. Discuss the role of HPV in the development of cervical pre-cancer and cancer.
2. Review the epidemiology of cervical cancer in Indian Country.
3. Differentiate the typical cytologic, histologic, and colposcopic findings of the normal and abnormal cervix including low-grade, high-grade, and malignant lesions of the cervix.
4. Demonstrate appropriate locations for biopsy on cervix images.
5. Review the evaluation of the vulva and the vagina for premalignant and benign conditions,
6. Discuss appropriate management for woman with varying degrees of abnormality of the cervix.
7. Satisfactorily focus the colposcope and demonstrate biopsy techniques.

Refresher Course Objectives

1. Discuss the role of random biopsies and endocervical curettage.
2. List changes in histology terminology using "LAST".
3. Appropriately use the IFCPC Colposcopy terminology.
4. List the benefits and risks of a new HPV vaccine.
5. Discuss the potential value of primary HPV screening.
6. Contrast cervical screening in low resource countries with recommendations for the U.S. in general.



Program Director

Alan G. Waxman, MD, MPH

Course Faculty

Barbara S. Apgar, MD, MS
Bethany Berry, CNM
Lawrence Leeman, MD, MPH
Nancy McGough, CFNP, RN

Anna-Barbara Moscicki, MD
Dennis M. O'Connor, MD
Mary M. Rubin, RN-C, PhD, CRNP, FAANP
Jody Stonehocker, MD
Candice Tedeschi, RN-C, NP

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February 27 — March 1, 2019

Wednesday, February 27, 2019 - Basic Course

- 12:30 pm **Registration**
- 1:00 pm **Welcome and Introductions**
Cervical Cancer in Indian Country
Alan G. Waxman, MD, MPH
- 1:20 pm **Epidemiology of Cervical Cancer**
Alan G. Waxman, MD, MPH
- 2:00 pm **Normal and Abnormal Cervical Cytology and Histology**
Dennis M. O'Connor, MD
- 2:40 pm **Break**
- 3:00 pm **Squamous Metaplasia and the Development of the Transformation Zone, Colposcopy of the Normal Cervix**
Candice Tedeschi, RN-C, NP
- 3:40 pm **Colposcopy of the Abnormal Transformation Zone**
Barbara S. Apgar, MD, MS
- 4:40 pm **Question and Answer**
- 5:00 pm **Adjourn for the Day**

- 9:00 am **Natural History of HPV**
Barbara S. Apgar, MD, MS
- 9:45 am **Question and Answer**
- 10:05 am **Break**
- 10:25 am **Cervical Screening 2019**
Candice Tedeschi, RN-C, NP
- 11:00 am **Interactive Case Review**
Faculty
- 12:00 pm **Lunch on your Own**
- 1:15 pm **ASCCP's Guidelines are Based on Risk**
Alan G. Waxman, MD, MPH
- 2:00 pm **Colposcopy of LSIL/Management of ASC and LSIL (incl CIN 1)**
Candice Tedeschi, RN-C, NP
- 2:40 pm **Question and Answer**
- 3:00 pm **Break**
- 3:15 pm **Colposcopy and Management of HSIL and CIN 2, 3**
Barbara S. Apgar, MD, MS
- 4:00 pm **Interactive Case Review**
Faculty
- 5:00 pm **Adjourn for the Day**

Thursday, February 28, 2019 - Basic Course

- 8:00 am **Technique of the Colposcopy Exam**
Bethany Berry, CNM
- 8:30 am **Documenting your Findings**
Mary M. Rubin, RN-C, PhD, CRNP, FAANP
- 9:00 am **Cervical Screening 2019**
Candice Tedeschi, RN-C, NP
- 9:45 am **Question and Answer**
- 10:05 am **Break**
- 10:25 am **Counseling the Patient**
Faculty Roundtable
- 11:00 am **Colposcopy Simulation**
Faculty
- 12:00 pm **Lunch on your Own**
- 1:15 pm **ASCCP's Guidelines are Based on Risk**
Alan G. Waxman, MD, MPH
- 2:00 pm **Colposcopy of LSIL/Management of ASC and LSIL (incl CIN 1)**
Candice Tedeschi, RN-C, NP
- 2:40 pm **Question and Answer**
- 3:00 pm **Break**
- 3:15 pm **Colposcopy and Management of HSIL and CIN 2, 3**
Barbara S. Apgar, MD, MS
- 4:00 pm **Interactive Case Review**
Faculty
- 5:00 pm **Adjourn for the Day**

Friday, March 1, 2019 - Combined Course

- 8:00 am **Cancer Warning Signs/Management of Microinvasive Squamous CA**
Jody Stonehocker, MD
- 8:30 am **Colposcopy and Management of AGC and AIS**
Alan G. Waxman, MD, MPH
- 9:00 am **HPV Vaccines: Update 2019**
Anna-Barbara Mosckcki, MD
- 9:30 am **Question and Answer**
- 9:50 am **Break**
- 10:05 am **Treatment of Preinvasive Cervical Neoplasia**
Larry Leeman, MD, MPH
- 10:45 am **Colposcopy in Pregnancy**
Bethany Berry, CNM
- 11:15 am **Interactive Case Review**
Faculty
- 12:00 pm **Lunch on your Own**
- 1:00 pm **New ASCCP Colposcopy Standards**
Alan G. Waxman, MD, MPH
- 1:45 pm **Benign Vulvar Disease**
Barbara S. Apgar, MD, MS
- 2:30 pm **Question and Answer**
- 2:50 pm **Break**
- 3:05 pm **VIN and VaIN**
Candice Tedeschi, RN-C, NP
- 3:45 pm **What's New in the Laboratory: HPV Tests, Biomarkers, etc.**
Dennis M. O'Connor, MD
- 4:15 pm **Final Case Session: Identification and Management**
Faculty
- 5:00 pm **Adjourn**

Thursday, February 28, 2019 - Refresher Course

- 7:30 am **Registration**
- 8:00 am **Welcome and Introductions Cervical Cancer in Indian Country**
Alan G. Waxman, MD, MPH
- 8:15 am **Histologic Basis of Colposcopy**
Dennis M. O'Connor, MD

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ACCREDITATION

Basic Course—The University of New Mexico School of Medicine Office of Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Office of Continuing Medical Education designates this live activity for a maximum of **18.25 AMA PRA Category 1 Credit(s)[™]**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Refresher Course—The University of New Mexico School of Medicine Office of Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Office of Continuing Medical Education designates this live activity for a maximum of **14.5 AMA PRA Category 1 Credit(s)[™]**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Basic Colposcopy Course or Refresher? Which course is right for me?

The Basic Colposcopy Course is intended to be a foundation on which to learn colposcopy. It is for women's health care providers who have not had previous colposcopy training.

The Refresher Course is a shorter program with less emphasis on the basics. It is an ideal review and update for ob/gyns, family physicians, NPs, PAs, and CNMs who already practice colposcopy who want a brief review of the basics, an update on what's new with screening and management guidelines and a chance to discuss challenging cases with the expert faculty. It is also an appropriate review for those currently participating in a mentorship or preceptorship program.

The Mentorship

Learning to do colposcopy requires at least two educational components, a basic course and a period of hands-on mentorship or preceptorship. In the mentorship the fledgling colposcopist works side by side with an experienced colposcopist until a degree of competency is reached. There are two avenues by which a colposcopist in the I/T/U system can complete the mentorship. One is to complete the formal ASCCP mentorship program of 25 supervised exams followed by successful completion of an on-line examination. (see www.asccp.org/Education/Education-eLearning/Colposcopy-Mentorship-Program-CMP) The other way of completing the mentorship is through IHS and requires completion of 50 exams and recommendation by the mentor without the exam. New colposcopists are encouraged (though not required) to have identified a mentor prior to taking the course.

ACCOMMODATIONS

This course will be held at the Albuquerque Marriott Uptown, 2101 Louisiana Blvd. NE, Albuquerque, New Mexico 87110. A block of rooms has been reserved for participants of the course for the nights of Tues. Feb. 26— Thur. Feb 28, 2019. Please identify yourself as a participant of the Indian Health Basic and Refresher Colposcopy Courses, and you will receive the group rate of \$94.00 + applicable taxes. Call 1-800-325-3535 to make a reservation.

Participants requiring special accommodations should contact the UNM Continuing Medical Education & Professional Development as early as possible. UNM is in compliance with the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990.

CANCELLATION

Minimum and maximum numbers have been established for this course, If you cannot attend, please notify us no later than February 13, 2019. Courses are subject to cancellation. In the event this conference is cancelled, UNM CME is not responsible for any airfare, hotel or other costs incurred by participants.





Register on-line! som.unm.edu/education/cme/

The 2019 Indian Health
Basic and Refresher Colposcopy Course
Registration Form

Name: _____ Profession: _____

Degree: MD DO CNM RN CNP NP PA Resident/Fellow Other: _____

Organization: (i.e. agency, service unit/tribal, hospital) _____
 IHS Tribal Urban Clinic

Street Address: _____

City: _____ State: _____ Zip: _____

Email: _____ Daytime Phone: _____ Fax: _____

What is your specialty? _____

Please indicate which Colposcopy Course: Basic Course Refresher Course

Non-IHS/Tribal/Urban Clinical Provider Fees

Early Registration for the course \$360.00 Regular Registration \$390.00 UNM Resident \$35.00
(postmarked on or before Feb. 12, 2019) (postmarked between Feb. 13–23, 2019) (Must enclose a copy of UNM ID. Will not receive professional credit)

Please indicate method of payment:

___ Check (payable to UNM CME) ___ Tribal/IHS/Urban Clinic ___ UNM Tuition Remission Amount: \$ _____

UNM CME no longer accepts POs or faxed registrations with credit card information.

Credit Card Payments; Register Online @ som.unm.edu/education/cme/

Registration closes February 24, 2019. On site Registrations Welcome. \$65 late fee will apply.

Providers from IHS/Tribal/Urban Indian Health Facilities

If employed through an IHS facility you will not be charged tuition but you are responsible for your own travel costs associated with attending the training. Register online @ som.unm.edu/education/cme/ IHS Questions? Email Roberta.Paisano@ihs.gov

Complete this section if you have had previous colposcopy training/experience

Where did you learn colposcopy? _____
How many years have you been practicing colposcopy? _____
If you learned colposcopy through IHS or ASCCP, are you finished with your mentorship? YES NO
If yes, when? _____ If no, how many colposcopies have you finished? _____
If you learned colposcopy through a non-IHS program, did your training include a period of hands-on supervision with a teacher or mentor? YES NO
Other colposcopy courses taken: _____

Complete this section if you have NOT had previous colposcopy training

Colposcopy training requires a mentorship with a minimum of 25-50 directly supervised exams after taking a basic colposcopy course.
Have you arranged with an experienced colposcopist to mentor you during your mentorship? YES NO
If yes, complete the following:
Mentor's name _____
Practice setting _____
Mentor's Colposcopy Training _____
Does your facility have a colposcopy and biopsy forceps? YES NO

If you have questions regarding this application or registration, please contact UNM Continuing Medical Education & Professional Development at hsc-cmeweb@salud.unm.edu or call 505-272-3942.