The UNM Myofascial Institute

Advanced hands-on trainings in trigger point injections and manual release techniques

TPI: February 21-22, 2019
September 12-13, 2019
MANUAL: May 4-5, 2019
December 7-8, 2019

LOCATION
UNM Continuing Education
1634 University Blvd. NE
Albuquerque, NM 87102

Who Should Attend This Course
- Acupuncturists
- Chiropractors
- Doctors of Oriental Medicine
- Massage Therapists
- Myofascial Therapists
- Nurse Practitioners
- Occupational Therapists
- Physical Therapists
- Physician Assistants
- Physicians

Course Information
The UNM Myofascial Institute will provide a two-day intensive, hands-on training in techniques to address myofascial pain syndrome, a common chronic pain diagnosis. Dedicated courses in trigger point injection and manual therapy will be offered. Participants will be expected to review materials in advance of the course and be prepared to practice skills on each other during the course. The trigger point injection courses are designed for those who can perform TPI/have the injection privilege and to train clinicians to be able to independently practice advanced TPI.

Course Objectives
At the conclusion of the training, the participant should be able to:
1. Identify common and subtle myofascial pain syndromes in the clinical setting.
2. Perform basic and advanced release techniques for patients with myofascial pain syndrome.
3. Enumerate techniques to maximize patient safety.

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TPI Agenda

MANUAL Agenda

DAY 1 (8:00 am - 5:00 pm)
7:30 am  Registration & Continental Breakfast (provided).
2:00 pm  Overview of Myofascial Pain Syndrome (MPS).
3:00 pm  Review of Relevant Anatomy.
10:00 am Workshop: Hands-on Treatment of TrPs and Taut Bands along with Joint Mobilization
4:00 pm Application of Myofascial Treatment and Joint Mobilization to Special Problems

DAY 2 (8:00 am - 4:30 pm)
7:30 am  Sign in & Continental Breakfast (provided).
8:00 am  Introducing Fascial Construction in the Torso.
10:00 am Workshop: Hands-on Treatment of MPS and Fascia in the Torso, While Exploring Patterns that Affect Thoracic Mobility.
1:00 pm Lunch (provided).
2:00 pm Review of Safety and Documentation Issues.
3:30 pm Review of Treatment of MPS and Fascial Restriction in Treating Specific Pain Syndromes in the Back and Hip.

INSTRUCTORS:
Professor Emeritus, Department of Family and Community Medicine
Lucia Whyte Ferguson, DC
Volunteer Faculty, Department of Neurosurgery
Lucia Whyte Ferguson, DC
Chiropractor, Colossus Chiropractic Center, Tomb, NM

Please let us know:

--- I can perform TPI/have the injection privilege
--- I cannot perform TPI/do not have the injection privilege

UNM Tuition Remission
All eligible UNM Faculty and Staff may email using a UNM Tuition Remission (waiver) to cover tuition costs listed on the registration form. A copy of the UNM Tuition Remission Form, along with a copy of the conference registration form, needs to be emailed to (CME)Webst@sludt.unm.edu or faxed to (505) 272-8604. The UNM Tuition Remission Form can be found here: https://hr.unm.edu/benefits/tuition-remission. Proper completion includes all required signatures. No refund or credit will be issued for non-attendance.

Cancellation
If you preregister and cannot attend, Continuing Medical Education & Professional Development will refund tuition, less a $40 administrative fee, provided it is received in writing on or before two weeks prior to the scheduled date of course. No refunds will be issued after this date or for non-attendance. Courses are subject to cancellation. In the event a course is cancelled, UNM CME is not responsible for any airfare, hotel or other costs incurred by participants.

Payment
Check  Cash
UNM Tuition Remission

To pay by credit card, visit the conference website on the UNM CME website: https://som.unm.edu/education/cme/2019/unn-myofascial-institute.html.

Make check payable to the UNM CME and mail it along with this form to: The University of New Mexico, Continuing Medical Education & Professional Development, MSC09 5370, 1 University of New Mexico, Albuquerque, New Mexico 87131-0001. UNM CME no longer accepts POs or faxed registrations with credit card information.

REGISTRATION FORM
Name:
Title (please circle): MD  DO  NP  PT  PA  DC  LMT  DOM  CMTPT  Other:
Street Address:
City:
State:
Zip:
Daytime Phone:
Fax:
Email:

TRIGGER POINT INJECTIONS (please mark your selection)

February 21-22, 2019
September 12-13, 2019

EARLY BIRD: Postmarked 3 weeks prior to scheduled course
REGULAR: Postmarked 3 weeks to 4 days prior to scheduled course
ONSITE: Received within 3 days of scheduled course

--- MD, DO, DC, DOM
--- MD, DO, DC, DOM with Tuition Remission
--- NP, PT, PA, Others
--- NP, PT, PA, Others with Tuition Remission

--- MD, DO, DC, DOM  $895.00
--- MD, DO, DC, DOM with Tuition Remission $925.00
--- NP, PT, PA, Others $735.00
--- NP, PT, PA, Others with Tuition Remission $725.00
--- MD, DO, DC, DOM  $960.00
--- MD, DO, DC, DOM with Tuition Remission $950.00
--- NP, PT, PA, Others $760.00
--- NP, PT, PA, Others with Tuition Remission $750.00

--- MD, DO, DC, DOM  $795.00
--- MD, DO, DC, DOM with Tuition Remission $825.00
--- NP, PT, PA, Others $635.00
--- NP, PT, PA, Others with Tuition Remission $625.00
--- MD, DO, DC, DOM  $860.00
--- MD, DO, DC, DOM with Tuition Remission $850.00
--- NP, PT, PA, Others $660.00
--- NP, PT, PA, Others with Tuition Remission $650.00
**TPI Agenda**

**MANUAL Agenda**

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**TPI Agenda**

**MANUAL Agenda**