

2019 Annual Women's Health Conference

Caring for Women Through Their Life Span

Sheraton Albuquerque Uptown Hotel, Albuquerque, NM
February 8-9, 2019

A Premier Women's Health Conference Featuring Local and National Experts Presented by:



Objectives

This conference is intended for physicians, nurse midwives, nurse practitioners, physician assistants, nurses and related health care professionals.

1. Demonstrate key clinical skills and communication strategies in medical care and emergencies.
2. Integrate newer concepts and testing into clinical practice in an appropriate and cost effective manner.
3. Identify partnering opportunities in the provision of women's health care in the current environment of patient expectations and government regulations.



Conference Management through UNM Continuing Medical Education & Professional Development.

Questions? Contact

HSC-CMEWEB@SALUD.UNM.EDU

CME website som.unm.edu/education/cme

Conference Accommodations

The conference will be held at the Sheraton Albuquerque Uptown Hotel, 2600 Louisiana Blvd NE, Albuquerque, NM 87110.

A block of rooms has been reserved for participants of this conference for the nights of February 7-8, 2019. Special rates are available to you if you make your room reservations no later than Sunday, January 6, 2019 by 5pm.

To make room reservations, participants should contact the hotel directly or use the hotel registration web link below:

Sheraton Albuquerque Uptown Hotel
2600 Louisiana Blvd NE
Albuquerque, NM 87110
1-800-325-3535

<https://www.starwoodmeeting.com/Book/WomensHealth>

Please identify yourself as a participant of the 2019 Annual Women's Health Conference.

Participant rate is: \$94 + tax and service fees.

All reservations must be guaranteed with a one night's deposit in the form of a credit card.

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Friday, February 8, 2019

10:00am-12:00pm	Nexplanon Training* <i>(Limited space, read more info below)</i>
12:00pm-12:30pm	Registration
12:30pm-12:45pm	Welcome and Introductions <i>Eve Espey, MD; Laura Migliaccio, CNM, MSN, and Sharon Phelan, MD</i>
12:45pm-1:45pm	The Contribution of USPSTF Recommendations in Advancing all Women's Health <i>Melissa Andrea Simon, MD, MPH</i>
1:45pm-2:45pm	Understanding Female Sexual Interest and Arousal Disorders <i>Tammy Senn, MSN, CNM, WHNP-BC</i>
2:45pm-3:00pm	Break and Exhibitor Expo
3:00pm-4:00pm	Wheelchair Barbie Goes to the Gynecologist: A Perspective on the Sexual and Reproductive Health Care of Women with Disabilities <i>Cody Unser, MPH</i>
4:00pm-5:00pm	Stump the Professors <i>Facilitated by Eve Espey, MD</i>
5:00pm-6:30pm	Welcome Reception with Scientific Poster Presentations

Ancillary Pre-Conference Training

10:00am-12:00pm **Nexplanon Training*** Led by *Eve Espey, MD*
Must register by Jan 23, 2019 to participate. Limited number of spaces available. Nexplanon Training not available for CME credit.

Saturday, February 9, 2019

7:00am-7:45am	Registration, Breakfast & Exhibitor Expo
7:45am-8:00am	Welcome and Announcements <i>Thanh-Tam Ho, CNM, CNP, MSN, and Abe Lichtmacher, MD, FACOG</i>
8:00am-8:30am	Legislative Updates <i>Linda Siegle, BS, JD</i>
8:30am-9:00am	Alliance for Innovations in Maternal Health (AIM) Update <i>Gillian Burkhardt, MD</i>
9:00am-9:15am	Break and Exhibitor Expo
9:15am-10:15am	Breakout Session #1
	1. Benign Breast Diseases: Office Evaluation and Treatment <i>Salam Chalouhi, MD, and Kathleen A. Kennedy, MD</i>
	2. Improving Health for All Women: A Primer in Women's Health Equity <i>Melissa Andrea Simon, MD, MPH</i>
	3. Opportunistic Salpingectomy - Universal or Selective Debate <i>Hannah Palm, MD, and Daniel Weinberg, MD</i>
	4. Sexuality and the Transitions of Menopause: How do We Prepare Women for this? <i>MaryJane Lewitt, PhD, RN, CNM, FACNM</i>
	5. Update for Hypertensive Disorders of Pregnancy <i>Vivek Katukuri, MD</i>

10:15am-10:30am	Break and Exhibitor Expo
10:30am-12:00pm	Breakout Session #2
	6. Alternative Treatment Modalities for Major Depressive Disorder <i>Ariele Bauers, CNM</i>
	7. SIMS*: High and Dry in New Mexico: Pessary 101 <i>Lisa Ann Bishop, CNM, MSN; Aleda Noelle Borders, CNM, MSN, and Felicia E Mancini, CNM, MSN, MPH</i>
	8. SIMS*: Immediate Post-Placental IUD Placement <i>Lisa Hofer, MD, MPH, MBA</i>
	9. SIMS*: OB Emergencies: Hypertensive Emergencies, Shoulder Dystocia and Breech Deliveries <i>Sharon Phelan, MD, FACOG</i>
	10. U.S. Medical Eligibility Criteria for Contraceptive Use: Evidence-based Recommendations for Women with Medical Conditions <i>Jamie Krashin, MD, MSCR</i>
12:00pm-1:00pm	Concurrent Lunches
	• Conference Lunch: Optional Table Topics
	• ACOG Lunch Meeting <i>All ACOG Members encouraged to attend</i>
	• ACNM Lunch Meeting <i>All ACNM Members encouraged to attend</i>
1:00pm-2:30pm	Breakout Session #3
	11. Case-based Approach to Management of Abnormal Cervical Cancer Screening <i>Alan G. Waxman, MD, MPH</i>
	12. Introducing the AIM Safety Bundles in New Mexico: Using Patient Safety Bundles & Tools to Reduce Maternal Morbidity and Save Lives <i>Katie Avery, MS, CFNP; Gillian Burkhardt, MD; Eirian Coronado, MA; Eve Espey, MD; and Katrina Nardini, CNM, MPH, WHNP-BC</i>
	13. Pelvic Issues and Tissues: Practical Home Exercises, Advice, and Referral Information for Pelvic Pain and Urinary Incontinence <i>Christy Miller, PT, MPT</i>
	14. SIMS*: High and Dry in New Mexico: Pessary 101 <i>Lisa Ann Bishop, CNM, MSN; Aleda Noelle Borders, CNM, MSN, and Felicia E Mancini, CNM, MSN, MPH</i>
	15. SIMS*: Office Emergencies <i>Lisa Hofer, MD, MPH, MBA</i>
	16. The Elusive Organ of Pleasure <i>Tammy Senn, MSN, CNM, WHNP-BC</i>
2:30pm-2:45pm	Break and Exhibitor Expo
2:45pm-3:30pm	Providing Maternity Care in Rural New Mexico: Insights from an Ethnographic Study <i>Abigail L. Reese, PhD, CNM</i>
3:30pm-4:15pm	Sexually Transmitted Infections: Stealthy, Treacherous, and Increasing <i>Elaine Thomas, MD</i>
4:15pm-5:00pm	Professional Fulfillment, Burnout, and Resiliency <i>Elizabeth C. Lawrence, MD, FACP</i>
5:00pm-5:15pm	Closing Remarks <i>Eve Espey, MD</i>
5:15pm	Adjourn and Certificates

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Registration Form

Please print in ink or type.

First Name: _____ Last Name: _____

Title (please circle) : MD DO NP CNM PA RN PT Other: _____

Specialty: _____

Street: _____

City: _____ State: _____ Zip: _____

Email: _____

Daytime Phone: _____ Cell: _____

WORKSHOP REGISTRATION

Register Early To Get Your First Choice!

Saturday, February 9, 2019

Session #1: 9:15am-10:15am Select a Session to Attend: 1, 2, 3, 4 or 5 First Choice _____ Second Choice _____

Session #2: 10:30am-12:00pm Select a Session to Attend: 6, 7, 8, 9 or 10 First Choice _____ Second Choice _____

Session #3: 1:00pm – 2:30pm Select a Session to Attend: 11, 12, 13, 14, 15 or 16 First Choice _____ Second Choice _____

Ancillary Nexplanon Training - please register me for the course _____ Yes _____ No (Limited number of spaces.)

Participating in ABOG MOC Sessions _____ Yes _____ No (Limited number of spaces—must select two MOC/SIMS* workshops)

I plan to attend the following lunch:

____ ACNM Member Lunch ____ ACOG Member Lunch ____ Conference Lunch
(for those not attending ACNM or ACOG)

____ Not attending lunch ____ Guest Lunch (\$28.00 additional fee)

Meal Selection:

____ Meat ____ Vegetarian ____ Other _____

Early Registration (Postmarked on or before January 23, 2019)

		UNM Tuition Remission
____ MD & DO	\$320	\$310
____ ACOG Member	\$285	\$275
____ NP, CNM, PA, RN, Other	\$255	\$245
____ ACNM Member	\$230	\$220
____ UNMH Nurses‡	\$125	
____ Student/Residents*	\$125	
____ ACOG Fellow**	\$115	
____ ACOG Fellow-Fri Only**	\$50	
____ ACOG Mem. Med. Student∞N/C		

‡ Must submit copy of UNMH ID to CME Office by Jan 25, 2019

* Must provide proof of student full-time status. Students will not receive professional credit.

** Must submit copy of ACOG Membership.

∞ Paid by NMACOG. Must provide proof of student full-time status & ACOG Membership. Will not receive professional credit.

Registration closes February 4, 2019.

On site Registrations Welcome. \$65 late fee will apply.

**Scholarships may be available. Send inquires to
hsc-cmeweb@salud.unm.edu**

This form may be duplicated for additional registrations.

UNM CME no longer accepts POs or faxed registrations with credit card information.

Regular Registration (Postmarked on/after January 24, 2019)

		UNM Tuition Remission
____ MD & DO	\$360	\$350
____ ACOG Member	\$325	\$315
____ NP, CNM, PA, RN, Other	\$295	\$285
____ ACNM Member	\$270	\$260
____ UNMH Nurses‡	\$165	
____ Student/Residents*	\$165	
____ ACOG Fellow-2 Day**	\$155	
____ ACOG Fellow-Fri Only**	\$90	

How did you hear about this conference?

Please check all that apply

Previous Attendee NM Nurse Email Mailer

Other _____

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Accreditation



The University of New Mexico School of Medicine, Office of Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education designates this live activity for a maximum of 11.25 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application has been made for American College of Obstetricians and Gynecologists (ACOG) cognates.

The Continuing Education Committee of the American College of Nurse-Midwives is granting reciprocity status to the Accreditation Council for Continuing Medical Education (ACCME) for Category 1 (formal didactic offerings), effective March 1, 1989. This conference is approved for 11 hours.

This activity has been submitted to the New Mexico Nurses Association Accredited Approver Unit for approval to award contact hours. NMNA AAU is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Application has been submitted for continuing education credits through the University of New Mexico Health Sciences Center College of Pharmacy, an accrediting body for the Accreditation Council for Pharmacy Education.

The ABOG MOC standards now allow participation in ABOG-approved Simulation Courses to meet the annual Improvement in Medical Practice (Part IV) MOC requirement. This course has been approved to meet ABOG Improvement in Medical Practice requirements for 2019.

*MOC participants must register for two (2) hands-on workshops to qualify for MOC requirements. LIMIT OF 30 participants per workshop. Qualifies for ABOG Part IV Improvement in Medical Practice simulation credit.

Registration Information

Advance registration is encouraged. Minimum and maximum numbers have been established for this conference and for the workshops. UNM CME provides multiple options for registration and payment:

- ◆ **Register Online and pay by Credit Card:** Visit the conference webpage: som.unm.edu/education/cme/
- ◆ **Register through US Mail / In Person: (Check / Cash)** Make check payable to the **UNM CME**. Mail / Deliver this form with payment to:
UNM Continuing Medical Education
1 University of New Mexico, MSC09 5370
Albuquerque, New Mexico 87131-0001
- ◆ **UNM Tuition Remission:** All eligible UNM Faculty and Staff may register using Tuition Remission (waiver). Fax / email / deliver the Registration Form with the Tuition Remission Form to the UNM CME Office. No refund or credit will be issued for non-attendance. The on-line UNM Tuition Form may be accessed at hr.unm.edu/benefits/tuition-remission

Cancellation: If you cannot attend, Continuing Medical Education & Professional Development will refund tuition, less a \$40.00 administrative fee provided it is received in writing on or **before January 28, 2019**. No refunds will be issued after this date or for non-attendance. Conferences are subject to cancellation. In the event this conference is cancelled, UNM CME is not responsible for any airfare, hotel, or other costs incurred.

Planning Committee

Sara Cichowski, MD

Assistant Professor
NM Department of Veterans Affairs
University of New Mexico
Department of OB/GYN
Albuquerque, NM

Eve Espey, MD

Professor and Chair
University of New Mexico
Department of OB/GYN
Professor, Division of Family Planning
Albuquerque, NM

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Chief, Women's Services
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IPE Co-Coordinator,
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NM Section Chair AWHONN
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Sharon Phelan, MD

Program Chair
Professor Emeritus
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Department of OB/GYN
NM Section Chair
American College of Obstetricians and Gynecologists
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Thanh-Tam Ho, CNM, CNP, MSN

University of New Mexico
Department of OB/GYN
Albuquerque, NM

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Speakers

Guest Speakers

Tammy Senn, MSN, CNM, WHNP-BC
Sexual Counselor and Educator
Johns Hopkins Health System
Baltimore, MD

Melissa Andrea Simon, MD, MPH
Feinberg School of Medicine
Northwestern University
Chicago, IL

Cody Unser, MPH
Founder/Vice-President
The Cody Unser First Step Foundation
Albuquerque, NM

UNM and Local Speakers

Katie Avery, MS, CFNP
Program Manager Maternity Health
Public Health Division,
NM Department of Health
Santa Fe, NM

Ariele Bauers, CNM
University of New Mexico
Dept. of Family and Community Medicine
Albuquerque, NM

Lisa Ann Bishop, CNM, MSN
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Aleda Noelle Borders, CNM, MSN
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Gillian Burkhardt, MD
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Salam Chalouhi, MD
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Maternal Health Epidemiology
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Professor, Division of Family Planning
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Elizabeth C. Lawrence, MD, FACP
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Felicia E Mancini, CNM, MSN, MPH
University of New Mexico
Women's Health Urology and Gynecology
Albuquerque, NM

Christy Miller, PT, MPT
University of New Mexico Hospital
Women's Health
Albuquerque, NM

Katrina Nardini, CNM, MPH, WHNP-BC
Associate Chief
University of New Mexico Hospital
Midwifery Division
Albuquerque, NM

Hannah Palm, MD
Physician Resident
University of New Mexico
Department of OB/GYN
Albuquerque, NM

Sharon Phelan, MD
Program Chair and Professor
University of New Mexico
Department of OB/GYN
Albuquerque, NM

Abigail Reese, PhD, CNM
Program Director
New Mexico Perinatal Collaborative
Albuquerque, NM

Linda Siegle, BS, JD
Lobbyist
American College of Obstetricians and
Gynecologists
American College of Nurse Midwives
Santa Fe, NM

Elaine Thomas, MD
Professor
University of New Mexico
Health Sciences Center
Division of Infectious Diseases
Albuquerque, NM

Alan G. Waxman, MD, MPH
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Department of OB/GYN
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Daniel Weinberg, MD
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