Websites:

- https://www.stepsforward.org/modules/physician-wellness  - AMA Steps Forward modules, with multiple strategies for reducing burnout and returning joy to medicine
- https://nam.edu/perspectives-on-clinician-well-being-and-resilience/
- National Academy of Medicine Action Collaborative on Clinician Well-Being and Resilience
- http://www.ihi.org/education/WebTraining/Webinars/joy-in-work/Pages/default.aspx  Institute for Healthcare Improvement offers information on turning burnout to engagement and finding joy in practice
- https://www.acponline.org/advocacy/where-we-stand/patients-before-paperwork  ACP’s initiative to put patients before paperwork

TED Talks:

- Atul Gawande: How we heal medicine: https://www.ted.com/speakers/atul_gawande_1
- Brian Goldman: Doctors make mistakes: https://www.ted.com/speakers/brian_goldman
- Abraham Verghese: A doctor’s touch: https://www.ted.com/talks/abraham_verghese_a_doctor_s_touch
- Eric Dishman: Health care should be a team sport: https://www.ted.com/talks/eric_dishman_health_care_should_be_a_team_sport

Books:


Recent articles on burnout and wellness, including interventions to prevent/reduce burnout:


Bohman B, Dyrbye L, Sinsky C, Linzer M, Olson K, Babbott S, Murphy ML, Purpur deVires P, Hamidi MS, Trockel M. Physician well-being: the reciprocity of practice efficiency, culture of
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Shanafelt T, Trockel M, Ripp J, Murphy ML, Sandborg C, Bohman B. Building a program on well-being: key design considerations to meet the unique needs of each organization. Acad Med. 2018 Aug 21. [Epub ahead of print]


