

*Our Medical Consultants offer statewide supports to:
(see specific examples inside this brochure)*

- Health Professionals (physicians, nurses, therapists & other healthcare providers)
- Interdisciplinary Teams (IDT)
- Individuals with Intellectual/ Developmental Disabilities (I/DD), their Families & Guardians
- Community Agencies serving individuals with I/DD, including case management providers
- Students in the health care field
- Hospitals
- Schools & Community Groups
- Professional organizations for health professionals

To arrange for a consultation please contact Eula Michaels at:

Continuum of Care
2350 Alamo Ave. SE, Suite 155
MSC10 5590
Albuquerque, NM 87106
Office: 505-925-2350
Toll free: 1-877-684-5259

Who Are Our Medical Consultants?

All our consultants have interest and expertise in developmental disabilities and chronic health conditions.

Albuquerque, NM:

Lourdes Vizcarra, M.D., Family Medicine
Medical Consultants Coordinator



Taos, NM:

Jemery Kaufman M.D., Internal Medicine

Las Cruces, NM:

Kathleen Burke M.D., Family Medicine

Roswell, NM:

Karen Vaillant M.D., Family Medicine



Continuum of Care

 THE UNIVERSITY of NEW MEXICO
HEALTH SCIENCES CENTER
SCHOOL of MEDICINE



Continuum of Care *Medical Consultants*

Our Medical Consultants provide quality medical care and local/statewide supports to interdisciplinary teams and health professionals serving individuals with intellectual/developmental disabilities across New Mexico.



**Statewide Supports Offered by
Continuum of Care Medical
Consultants include:**

**Consultation with local health
professionals via phone, on-site
visits or telemedicine.**

For example:

- Joint appointments with complex patients with intellectual/development disabilities (I/DD) regarding co-morbidity issues and/or community resource needs
- Advice regarding how to coordinate effectively with interdisciplinary teams serving these individuals
- Access to scholarships for disability related workshops and conferences
- Available for trainings on specific topics

**Consultation to Individuals,
Families & Guardians:**

- Links to medical resources
- Interpretation of medical records in easy to understand terms
- Supports regarding health care decisions including end-of-life decisions

**Consultation to interdisciplinary teams
and community programs serving
individuals with intellectual/
developmental disabilities (I/DD)**

For example:

- Tips for interacting effectively with the healthcare system
- Guidance regarding questions to ask physicians and other health providers given specific diagnoses
- Tips regarding day to day management of chronic health conditions
- Trainings for support staff regarding specific diagnoses
- Supports regarding end-of-life decisions, advance directives and guardianship
- Advice regarding agency internal medical procedures and protocols
- Problem solving around medical care coordination concerns
- Interpretation of medical records in layman's terms to help teams apply the information in community settings

Our Mission:

The mission of **Continuum of Care** is to improve and sustain the quality of health and healthcare for all people with intellectual and/or developmental disabilities (I/DD) in New Mexico.

<http://coc.unm.edu/>

**Presentations to local community groups
on medical and/or I/ DD related topics:**

- Local medical societies and professional organizations
- Schools
- Parent support groups
- Hospital ethics committees and/or grand rounds
- University classes in related fields
- Volunteer organizations

Curriculum Development Assistance for:

- Universities and community colleges
- Community Provider agencies
- Case Management agencies
- Guardians

Our consultants are NOT able to do:

- Direct admissions to inpatient medical/mental health services at UNMH or any other NM Hospital

**See the back of this brochure for
information on how to contact our Medical**